



*The mission of Share Pregnancy and Infant Loss Support, Inc. is to serve those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life.*

*The primary purpose is to provide support toward positive resolution of grief experienced at the time of, or following the death of a baby. This support encompasses emotional, physical, spiritual, and social healing, as well as sustaining the family unit.*

*The secondary purpose of Share is to provide information, education, and resources on the needs and rights of bereaved parents and siblings. The objective is to aid those in the community,*

*including family, friends, employers, members of the congregation, caregivers, and others in their supportive role.*

## Utah Share Support Meetings

Utah Share would like you to know that you do not need to face the grieving process alone.

Join our online community of support by visiting our **Facebook page** "Utah Share."

Share is also available 24 hours via **telephone at 801-544-1159.**

We also have monthly **support group meetings.**

All meetings are held the first Thursday of each month from 7:30 – 9 p.m. at the Davis Hospital Classroom 1.

If you wish, please bring a memory item of your baby to share. (Pictures, stuffed animal, poem, etc.)

For more information about support meetings or other events please visit [www.utahshare.org](http://www.utahshare.org)

### IN MEMORY OF...

You never said I'm leaving  
You never said goodbye  
You were gone before I knew it,  
And only God knew why  
A million times I needed you,  
A million times I cried  
If love alone could have saved you,  
You never would have died



In life I loved you dearly  
In death I love you still  
In my heart you hold a place,  
That no one could ever fill  
It broke my heart to lose you,  
But you didn't go alone  
For part of me went with you,  
The day God took you home  
~~ Author Unknown ~~

# BABIES WHO HAVE TOUCHED OUR *Hearts*



**Jaylin Arellano**

January 17, 2018 -  
November 14, 2018

**Zamyra Irene Ludwick**

November 15, 2018

**David Sterling Grover**

November 16, 2018

**Aaliyah Ross**

November 21, 2018

**Lillie Elizabeth Parkinson**

November 27, 2018

**Kent Clem**

November 28, 2018

**Daxson White**

December 1, 2018

**Carter Bryan Stair**

December 10, 2018

**Luna Ovale**

December 13, 2018

**Oliver Thomas Buckendorf**

December 17, 2018

**Kingston Bless Bennett**

December 24, 2018

## *Resources*

Utah Share would like you to know that you do not need to face the grieving process alone. Below is a list of several organizations that offer support and resources to grieving parents.

Utah Share: 801-544-1159  
[www.utahshare.org](http://www.utahshare.org)

Compassionate Friends: 877-969-0010 (toll-free)  
[www.compassionatefriends.org](http://www.compassionatefriends.org)

National SIDS Resource Center:  
[www.sidscenter.org](http://www.sidscenter.org)

Bereaved Parents USA:  
[www.bereavedparentsusa.org](http://www.bereavedparentsusa.org)

Mommies Enduring Neonatal Death (M.E.N.D.):  
[www.mend.org](http://www.mend.org)

My Miscarriage Matters:  
[www.mymiscarriagematters.com](http://www.mymiscarriagematters.com)

National Share: 800-821-6819  
[www.nationalshare.org](http://www.nationalshare.org)

Center for Loss in Multiple Births:  
[www.climb-support.org](http://www.climb-support.org)

Grief Haven:  
[www.griefhaven.org](http://www.griefhaven.org)

GriefNet:  
[www.griefnet.org](http://www.griefnet.org)

# New Year's Wishes For Bereaved Parents

**To the newly bereaved:** We wish you patience – patience with yourselves in the painful weeks, months, even years ahead.

**To the bereaved siblings:** We wish you and your parents a new understanding of each other's needs and the beginnings of good communication.

**To those who are single parents:** We wish you the inner resources we know you will need to cope, often alone with your loss.

**To those experiencing marital difficulties after the death of your child:** We wish you a special willingness and ability to communicate with each other.

**To those who have suffered the death of more than one child:** We wish you the endurance you will need to fight your way back to a meaningful life once again.

**To those of you who have experienced the death of an only child or of all your children:** We offer you our eternal gratitude for serving as such an inspiration to the rest of us.

**To those of you who are plagued with guilt:** We wish you the reassurance that you did the very best you could under the circumstances, and that your child knew that.

**To those of you who are deeply depressed:** We wish you the first steps out of the "Valley of the Shadow".

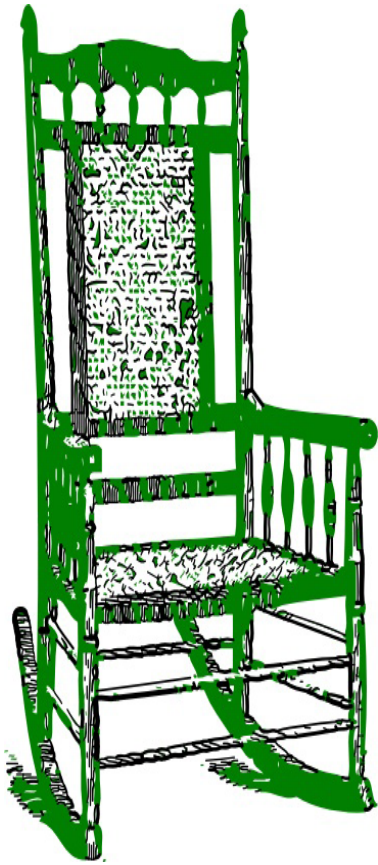
**To all mothers, fathers, and those of you unable to cry:** We wish you healing tears and the ability to express your grief.

**To those of you who are exhausted from grieving:** We wish you the strength to face just one more hour, just one more day.

**To all others with special needs that we have not mentioned:** We wish you the understanding you need, the assurance that you are not alone, and that you are loved.

## Inspirational Messages

# Heaven's Rocking Chair MOVE ON?



Are there rocking chairs in Heaven  
where little babies go?  
Do the angels hold you closely  
and rock you to and fro?

Do they talk silly baby talk  
to get a smile or two,  
and sing the sleepy  
lullabies  
I used to sing to you?

My heart is aching for you,  
my angel child so dear.  
You brought such joy into my life,  
the short time you were here.

I know you're in a happy place,  
and in God's loving care.  
I dream each night I'm rocking you  
in Heaven's rocking chair.

by Ron Tranmer ©

to "move on"  
is to put something  
behind you  
forget about it  
... and never look back

to "go on"  
is to forever  
carry it forward with you  
and never forget

a bereaved parent  
will never move on  
we simply go on...

Tammy Brown in loving  
memory of Larry Brown  
found on Grieving  
Mothers Facebook page

## My Butterfly

*I long to feel the soft weight of you to welcome you home,  
with kisses on silky round cheeks.*

*Instead my arms ache with the weight of your absence,  
the empty places that were meant for you to grow into.*

*My love for you will last an eternity*

*My hopes and dreams now carried*

*on the fragile wings of each butterfly passing  
compelling me to pause, to savor each moment,  
each flutter in my heart - your wings.*

*- Unknown*

