UPCOMING SUPPORT GROUP MEETINGS:

All Meetings 7:30 – 9 p.m. Davis Hospital Classroom 1

- January 5 •
- February 2
 - March 2
 - April 6 •
 - May 4 •
 - June 1 •
 - *July* 6 •
 - August 3 •
- September 7
 - October 5 •
- November 2
- December 7 •

If you wish, please bring a memory item of your baby to share. (Pictures, stuffed animal, poem, etc.) For more information about support meetings, please visit www.utahshare.org Resources

Utah Share would like you to know that you do not need to face the grieving process alone. Below is a list of several organizations that offer support and resources to grieving parents.

Utah Share: 801-544-1159 www.utahshare.org

Compassionate Friends: 877-969-0010 (toll-free) www.compassionatefriends.org

National SIDS Resource Center: www.sidscenter.org

Bereaved Parents USA: www.bereavedparentsusa.org

Mommies Enduring Neonatal Death (M.E.N.D.): www.mend.org

My Miscarriage Matters: www.mymiscarriagematters.com

National Share: 800-821-6819 www.nationalshare.org

Center for Loss in Multiple Births: www.climb-support.org

Grief Haven: www.griefhaven.org

GriefNet: www.griefnet.org

Due to limited resources, Utah Share only mails out a hard-copy newsletter to parents who experienced a recent loss. For the next edition of the bi-monthly newsletter, visit www.utahshare.org/newsletter to view the online version or download and print off a copy. 1

BABIES WHO HAVE TOUCHED OUR

Felicity Michie October 25, 2016 – October 25, 2016

Nixon Coleman Hall October 29, 2016

Abigail Grace Thueson November 1, 2016

Jaxon Rasmussen November 13, 2016

Jaycie Jensen November 16, 2016

Leilani Inoke November 20, 2016

Lewis Truman Fellenz November 24, 2016

Scarlett Henderson November 25, 2016

Vivian Henderson November 25, 2016

Julio Cano Abarca November 26, 2016

Liam James Iverson November 30, 2016

Kelvin Reed Iverson November 30, 2016 France Briton Sorenson December 7, 2016

Ruby Sue Davis December 8, 2016

Baby Aaron Peterson December 8, 2016

Sawyer David Robinson December 11, 2016

Samuel Joseph Kelly December 12, 2016

Kylie Lyn Dabling December 2, 2016 – December 13, 2016

Lily Ana Rangel December 16, 2016

Javon Rodriguez December 17, 2016

Aerilynn Seifert December 19, 2016

Jackson Mcarthur December 30, 2016 – December 31, 2016

> Max Roeseler January 1, 2017

New Year's Wishes For Bereaved Parents

To the newly bereaved: We wish you patience – patience with yourselves in the painful weeks, months, even years ahead.

To the bereaved siblings: We wish you and your parents a new understanding of each other's needs and the beginnings of good communication.

To those who are single parents: We wish you the inner resources we know you will need to cope, often alone with your loss.

To those experiencing marital difficulties after the death of your child: We wish you a special willingness and ability to communicate with each other.

To those who have suffered the death of more than one child: We wish you the endurance you will need to fight your way back to a meaningful life once again.

To those of you who have experienced the death of an only child or of all your children: We offer you our eternal gratitude for serving as such an inspiration to the rest of us.

To those of you who are plagued with guilt: We wish you the reassurance that you did the very best you could under the circumstances, and that your child knew that.

To those of you who are deeply depressed: We wish you the first steps out of the "Valley of the Shadow".

To all mothers, fathers, and those of you unable to cry: We wish you healing tears and the ability to express your grief.

To those of you who are exhausted from grieving: We wish you the strength to face just one more hour, just one more day.

To all others with special needs that we have not mentioned: We wish you the understanding you need, the assurance that you are not alone, and that you are loved.



Birthdays In Memory Of



Happy 2nd Birthday Gracie! We love you!

I can't believe how fast, and yet how slow time flies. Two years further away from you, and yet two years closer to seeing you again.

It has been a hard Christmas season, missing you. With your little sister, the loss of your presence is now different and in a way, bigger.

And in turn, it makes our hearts bigger, with more ability to love. We know you're never far!

Love, Mommy and Daddy, and your sisters - Katie, Kotah and Livi Happy Birthday Gracie Ann Speigle. February 12, 2014 We love and miss you always.

> Happy Birthday Daniel Casey Morgan January 8, 2014

The best and most beautiful things in the world cannot be seen, not touched, but are felt in the heart.





Claire Marie Weaver – December 25, 2016 17 in. 3 pounds 11 oz. Claire was welcomed by her parents Cameron and Kate Weaver and her big sister Zoey. She is being watched over in heaven by her big brother Max. Happy Birthday to our Rainbow baby Adam Michael Speigle January 13, 2015 You are full of life. You are crazy about Minions and bubbles. You make me so happy.

Love, Mom



DADDY. PLEASE DONT LOOK SO SAD Mama please dont CRY CAUSE I AM THE ARMS OF JESUS AND SINDS prea THINK HE IS QUESTION GOD. D he send me He CHANGED HIS MIND. spe d. and im THE SPECIAL SIFI, XOU UP above. IM PRODUCT YOUR LOVE. I SKY aм тне PLEAMIND an see me немо PANe. THATS Me in SU Wers 1e Rain мнем NQ iN THATS ME ILL BE a gentle wind that THERE PLANTING A KISS ON YOUR NOSE. мнем You see a Child playing and your heart feels a little THATS

Me ill be there giving your heart a hug. So daddy LOOK SO SAD, MAMA DONT YOU CRY. IM IN please dont ARMS OF JESUS AND HE SINGS ME LULLABIES

Please Don't Ever Tell Me

Inspirational

Messages

I'm going to tell you something I hope you'll never have to know. I'll tell you how a heart can break And tears can constant flow.

I lost my baby girl you see, An angel in my eyes God chose to take her hand one day And led her to the skies.

But please do not forget my child She was a person too And forever she will live Inside of me and you.

So, please don't ever tell me That time will heal my pain Because not even time Can bring her back again.

Just tell me she is happy In that land way up above She's snuggled in an angels wings All wrapped in Mommy's love.

- Author Unknown

Some people only dream of Angels. We held one In our arms.



Two little hands, two little feet, a tiny little child so soft and sweet, They came to earth in the usual way, But life was short, God called them away.

Two little feet, too little time, Two little hands that I held in mine, Never to run and never to play, Or to be curious in a little child way. Two little hands, two little feet, were ever so loved, and ever so sweet.

Beyond the clouds, Beyond the sun,

Those hands and feet have Heavenly Fun.



Brynley and Bethany and Ryker

Angels bound together by the parents that they share , Looking down from Heaven and waiting for us there. Together in their service, they keep a watchful eye On those of us still here on earth trying not to cry. We miss those three not with us, still living with our God, Working our way forward, holding to the iron rod. Our love for you is bitter sweet as we look ahead to reunions in Heaven as the Savior's plan has said.

> Love You, Ken, Tisha, Tyler, Justin, Jaron, Kinsey, and Rylee Hamelin

YOUR LIFE WAS A BLESSING, YOUR MEMORY A TREASURE... You are loved beyond words and missed beyond measure.

Hi Mommy

Hi Mommy It's me, your little Angel Just checking in with you.

I know you're sad because I'm gone, and Mommy I'm sad too.

It's beautiful here, wherever I am, there's such a lovely view.

But mostly when I'm sitting here I'm looking down at you

I see all your feelings, everyday when I look down,

I love to see you smile and I know sometimes you frown

But guess what? I have a job to do. God saved it for your little girl.

I get to watch over you and protect you from the world.

So though you cannot see me and I know it's hard on you,

You'll surely see the benefits of the job God has me do.

- Author unknown

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Utah Share would like to thank ...

A big thank you to **Jenny** and **Dan Nys** for raising more than \$1700 during a Star Wars movie fundraiser in memory of their son **Hayden Doxie Nys**.

Stefanie and **Gabe Thueson** donation in memory of **Abigail Thueson**.

Kati and Kurt Hammond, Kaylee and Abbi Hammond, Kaye Hammond, Suzanne Phillips, Shaelyn Love, Kelli and Gabi Boi, Kaylee Kingston, Makell Burgoyne, Kymberly Talbot, Keri Lewis, Kristen Peterson, Maurice Canchola, Laureen Canchola and Malorie Canchola for their donation in memory of Lucy Hammond

Julie and Shannon Rasmussen donation in memory of Jaxon Rasmussen.

Glasman Dudley Foundation Susan Glasman and Richard Dudley donation in memory of Beau and Maisie Glasman. **Emily** and **Christian Hall** donation in memory of **Nixon Coleman Hall.**

Ian Glasman donation in memory of Beau and Maisie Glasman.

Modern Woodman Fraternal Financial donation to Utah Share.

Mary Wolford

Richard and Andrea Carroll donation in memory of Blonda, Teddy, Julie and 5 Carroll babies.

Tori Lucas and the Roy 9 ward Young Women donation in memory of Dylan Lucas.

Nola Spicer donation in memory of Kaiden Shinzou Spicer and Chloe Faith Price.

Debi Benna donation in memory of Chloe Faith Price.

Keli Anderson and the Morgan Ward Activity Days Girls donation in memory of Kyson Anderson.

Utah Share is a non-profit organization with 501(c)3 status, supported solely by private donations. Monetary contributions are always appreciated and are tax deductible. You can donate online via paypal or you may also mail donations to: Utah Share 572 West 25 North Clearfield, UT 84015 Your financial support helps more than 100 families each year. Thank you for making a difference.

Utah Share Newsletter

January/February 2017 Edition

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Our Mission

The mission of Share Pregnancy and Infant Loss Support, Inc. is to serve those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life.

The primary purpose is to provide support toward positive resolution of grief experienced at the time of, or following the death of a baby. This support encompasses emotional, physical, spiritual, and social healing, as well as sustaining the family unit.

The secondary purpose of Share is to provide information, education, and resources on the needs and rights of bereaved parents and siblings. The objective is to aid those in the community, including family, friends, employers, members of the congregation, caregivers, and others in their supportive role.

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