

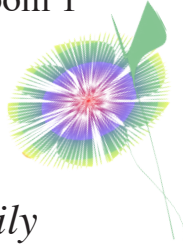
Support Group Meeting Schedule

UPCOMING MEETINGS:

All Meetings 7:30 – 9 p.m.
Davis Hospital Classroom 1

• **March 5** •

Topic -
Friends and Family

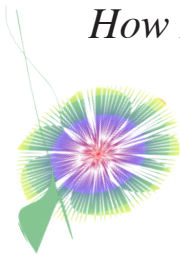


• **April 2** •

Topic -
Subsequent Pregnancy

• **May 7** •

Topic -
How Loss Changes You



• **June 4** •

Topic -
Grief and Anger

If you wish, please bring a memory item
of your baby to share.
(Pictures, stuffed animal, poem, etc.)
For more information about
support meetings,
please visit www.utahshare.org

Mother's Day Craft Meeting

Utah Share is holding a
Mother's Day craft night
Thursday, April 23 at 6:30 p.m. at
Davis Hospital classroom 1.

Come meet other Utah Share
moms as you make a keepsake
to remember your angel.

See pages 9 and 10 of the
newsletter for pictures of the
two crafts available to make
that night as well as order forms
and payment information.

The craft may also be ordered
online by going to
www.utahshare.org/events

Everyone is welcome to come and
mingle, even without purchasing
a craft. Bring a treat to share
if you want!

Due to limited resources, Utah Share only mails out a hard-copy newsletter to parents who experienced a recent loss. For the next edition of the bi-monthly newsletter, visit www.utahshare.org/newsletter to view the online version or download and print off a copy. 1

BABIES WHO HAVE TOUCHED OUR *Hearts*

**Christopher Banks
Peebles**

January 2, 2015

**Trevin Savaris
Davis-Brown Jr**
January 4, 2015

**Trevin Savaris
Davis-Brown III**
January 4, 2015

Bronson Dale Johnson
January 7, 2014

John Scott Toone
January 9, 2015

Damian Zavala
January 9, 2015

Gabriel Taylor Bird
January 9, 2015

Sawyer Porter
January 15, 2015

Gracie Noel Webster
January 20, 2015

Rieder Jacob
January 23, 2015

Teresa
January 24, 2015

Vera Mildred Holmes
January 29, 2015

Ephraim Durrant
February 11, 2015



PERHAPS THEY ARE NOT THE STARS, BUT RATHER
OPENINGS IN HEAVEN WHERE THE LOVE OF OUR LOST
LOVED ONES POURS THROUGH AND SHINES DOWN
UPON US TO LET US KNOW THEY ARE HAPPY.



NEWS & EVENTS

New Utah Share Officers Announced

President – Rachael Price

Rachael lost her daughter Chloe in 2006 and started volunteering with Utah Share in 2007. She has 3 living children. Rachael enjoys spending time with her family and friends, doing hair, scrapbooking and making crafts.

Vice President – Desiree Pettry

Desiree lost her baby girl at 18 weeks gestation on March 3, 2011. She is so grateful for Tanya Price and Toni Dursteler for helping her get through her loss. She has been volunteering for about 3 years now.

Donations Coordinator – Jenn Zollinger

Jenn became acquainted with Share 12 years ago when she lost her first baby at 28 weeks. In the time since her loss, she's had 5 more children, which keeps her on her toes! In what little spare time she has, she enjoys sewing, tackling home improvement projects with her husband, and church service. Jenn is excited to take over the position of Donation Coordinator and work with families as they give back to Share in memory of their sweet babies.

Event Coordinator - Shenara Jaynes

Shenara started volunteering for Utah Share in 2006 after losing her Angel Kelsie in 2005. She lives in Roy with her husband and two daughters.

Secretary – Jaimee Lloyd

Jaimee's angel Easton was born sleeping at 36 weeks on July 15, 2011. Jaimee has been doing hospital visits for Share since July 2012 to honor the memory of her sweet baby boy. She loves meeting the moms and helping to bring a little comfort into their lives. Jaimee has four living children that keep her very busy most of the time, but when she does have spare time she likes to shop and read and watch TV with her husband, Ryan.

The new officers will serve one-year terms from March-March.

Thank you to Missy Katsanevas, Marci Nellessen and Tanya Price for serving interchangeably as President, Vice President, Secretary, Donations Coordinator and Event Coordinator for Utah Share for many, many years. Utah Share would not exist without you!



May 16, 2015
Thanksgiving Point Gardens

Benefitting Women's and Children's
Services in Utah Valley, including
Angel Watch

Intermountain Foundation
Utah Valley

Supporting:
Utah Valley Regional Medical Center
Orem Community Hospital
American Fork Hospital

Five Not Four - Video From My Baby's Birth Keeps Him Real To Me

By: Natalie Clemens
as featured on her blog
www.boogersonthewall.com

There are some things I will never forget.

The gasp from the nurses and doctors after I gave that final push. The weight of my epidural-filled legs that kept me cemented

into my hospital bed. The way I whispered into my son's lifeless ear, apologizing for not getting him here safely. Friends and family who wet his soft chubby cheeks with their tears.

Sights, sounds and smells from the day I gave birth to my stillborn son will forever be engraved into the folds of my mind. They have changed my mental DNA. I'll never be the same person I was before he died.

Yet sometimes, nearly five years later I have moments when I wonder if it all was real. Did we really meet with funeral home directors the day after I gave birth? Did we bury our baby just a few days after he arrived? Do people think I'm crazy for mourning his loss half a decade later?

Every once in a while on my bitter days I sit around glumly wishing his death was a nightmare I could wake up from.

I found an old set of home videos a couple of weeks ago. We sat around our television laughing at how cute and small and crazy my two oldest sons were when they were toddlers.

Then I hesitantly popped in the tape labeled April 2010. We sat huddled on the couch as we relived the day Luca was born through the video on the screen. We don't have a lot, maybe just 10-15 minutes. But those 10-15 minutes are priceless.

We have video of our family circling around us while holding our little angel. My oldest son walks around proudly telling people about his new baby brother while he helps everyone hold his brother's tiny body. My second son twirls around in the background while eating suckers and rolling around the trashcan.

Brothers, sisters, aunts, uncles, grandparents and friends came to see our little Luca that day at the hospital. I forgot how much it meant to me that each of them cried with us. Their tears were signs of true love.

For we all loved that little baby we lost.



We have video of my sister giving him his first haircut. She cut chunks of his dark, reddish curly locks and we placed them in a keepsake bag.

We have video of people gently unwrapping his blanket, soaking him all in – his cute fingers, his wrinkly toes.

We all wanted to memorize

his every feature.

Watching that video reopened some of our family's healing wounds. We cried as it brought back the pain and sorrow.

But with that pain and sorrow, it also brought back the reality of what happened.

Yes I did give birth to a beautiful, perfect baby boy. He had everything except breath in his lungs and a heartbeat in his chest. He was as real as real can be. We love him and miss him terribly.

I've been feeling guilty and awkward lately when talking about my children. How can I tell a busy mother who is caring for five living children that I have five as well? How can I tell people we really have four boys not just three?

I have started to question my right to count that fifth little baby we haven't really taken care of.

Watching that video rejuvenated me. I may not care for all of my five babies at this time, but that doesn't mean I only have four. I have a beautiful baby boy that I will never forget. Sure he doesn't run around crazy with his brothers. I haven't had to potty train him or get him to eat his vegetables. I don't tote five kids around at the grocery store and I have one less kid to keep track of at busy theme parks.

But that doesn't mean I have to subtract one from our lump sum when talking about our family. We have seven – six on earth and one in heaven.

That video reminded me that I will never get over losing our little Luca. I will never forget him and I don't have to hide him from anyone. He was real and he is mine. People may not understand and that's all right.

Do we really have five kids? Yes we do. Four boys and one girl? Yes.

Did we bury a part of our hearts when we buried our third son?

Yes we did. And somehow we survived.

Inspirational Messages

Circle of Friends

(A Poem about Share Parents Support Group)

*Alone in a corner, a young mother cries,
Helplessly dabbing at tear flooded eyes.
In stony-eyed silence, her husband stands near,
His broad shoulders shake as he fights back the tears.*

*Now the Circle converges, their eyes and their hands
Offering safety and the comfort of friends.
With soft spoken voices that ring from the heart
Their words carry solace, a promised new start.*

*This Circle of strangers, now the bearers of light,
Holds fast the young parent's through the blackest of nights.
Their words vanish quickly as if lost in gloom,
Yet the hope that they offer illuminates the room.*

*The mother smiles sadly through tear reddened eyes
At the Circle of strangers who echo her cries.
The young father listens with heart more than ears
And the message breaks through to soften his fears.*

*In the Circle of parents who through the long years,
Have traded loved children for sadness and tears,
They are nevermore strangers who offer their hands
To others whose sorrow needs the safety of friends.*

*For as long as these dearly loved children must die,
As long as young mothers and fathers continue to cry,
Then we'll gather in sadness to offer our hands,*

In the meeting of strangers - that's the Circle of Friends.

A LETTER TO ELLY

by grandma Christy Anderson

I look at your picture every day,
and long to hold you again.
To kiss your cheeks, your nose,
and to hold your hand. You look
just like your mommy when she
was born.

Elly, you taught me so much in
your short time on Earth. You
taught me to enjoy every minute
of life, to love with my whole
heart, and that life is so precious.

When I held you for the first time,
I didn't want to let go or share you
with anybody else. I wanted to hold
you forever. Holding and kissing
you for those short moments is
something I will always cherish.

You will forever be in my heart,
and one day I will be able to hold
you again and cover you with
all my kisses waiting to be shared.

Each balloon that we send to you
is our way of including you in
everything that we do in life. You
are my sweet granddaughter, my
precious angel, and I will rejoice
on the day when I hold you in my
arms again.

Fly high my sweet girl, I love you!

Anniversary by Sandy Goodman

it's coming.	your presence	presence
the month . . .	fills my soul	that
the day . . .	but still i ache.	is
you left.	perhaps it is my	missing.

Birthdays In Memory Of



Happy Birthday

Tuff J Clontz

April 2nd

We think of you every day.
We have right from the start.
We wish we were celebrating
your first Birthday
with you in our arms.

Instead we will continue to hold
you in our hearts.

We love and miss you
very much!

Mom, Dad
& Big Sister Oaklee

Happy 4th Birthday
Taislynn Mae!

We all love and miss you
every single second
of the day!

Hope you have a great day
playing in Heaven.

3/3/11

Love Mom, Brett, Taylee
and all your other siblings

Happy Birthday
Chance Merrill
March 4, 2014

Love,
Mom



Happy Birthday Baby

Justus Michael Seamons Feb
27th, 2008

Happy 7th birthday,
my sweet baby boy.

Your brothers, Grandma Dara,
your Dad and I will be
sending your balloons to
Heaven.

I know your Great Grandma is
with you now, so your birthday
will be extra special this year.
Give her a hug for all of us.

God bless my big boy. I can't
believe it's been 7 years since
I held you in my arms and
kissed your head.
We love you baby.

March 5

Happy 12th birthday
to our sweet Zoey!

Missing you and wishing you
were here to celebrate with us!

Love,
Mom, Dad, and the crew

Hey, Luca happy birthday.
If you stayed this year you
would have gone to
kindergarten.
Love, Boston
(your biggest brother)



Happy 8th birthday my sweet
Gracelyn!

Thank you for all of the
beautiful little signs you send
me to let me know you are
near. I miss you so much my
little butterfly, love Mommy



Happy Birthday Luca
You were the

best brother ever.

I was born
two years before you.

Last year on Oct.6,
we had a sister
named Ruby. She is the best.
It's almost St.Patrick's Day
yeah! You would love it Luca.
By, McKay (your brother)

Luca Deon Clemens
April 22, 2010

I can't believe it's been five
years since I held you in my
arms. I'll love you forever, I'll
like you for always as long as
I'm living, my baby you'll be.
Happy birthday.

Love,
Mom

Utah Share would like to thank...

Latanya Hoskins -
donation in memory of
Noah Landon Duffield

Mahealani and Ron Eddy -
donation in memory of
Turner and Ben Eddy

James and Nicolle Jacob -
donation in memory of
Rieder Jacob

Camille Love Nichols
donation in memory of
Karter Blaine and
Kohler Spencer Nichols

Kathrine Kingsford -
donation in memory of
Layten Kyle Walker

**Cami Carter Howard,
Becky Carter** and the
**Washington Terrace 12th
ward Relief Society** -
donation in memory of all
babies gone too soon

Rachael Price -
donation in memory of
Chloe Faith Price

Utah Share is a non-profit organization with 501(c)3 status, supported solely by private donations.

Monetary contributions are always appreciated and are tax deductible.

You can donate online via paypal or you may also mail donations to:

Utah Share, 1178 Homestead Ln. Fruit Heights, UT 84037

Your financial support helps more than 100 families each year. Thank you for making a difference.



In Loving Memory **Race for Grief** 5K Run, 10K Run & 2 Mile Walk



The Race for Grief put on by the Blonde Runner
will be held


Memorial Day - May 25, 2015

10K, 5K run & 2 mile walk

8:00 a.m.

West Bountiful Park, Utah

visit www.raceforgrief.com for more information

*Those we 
have held in
our arms for
a little while
we hold in our
hearts forever.*

Utah Share Annual Mother's Day Craft Night

Thursday, April 23rd 630 PM
Davis Hospital Classroom 1

Please return order form below no later than APRIL 1ST.

Mail form and payment to
Jaimee Lloyd
2187 W. 2265 N. Clinton, UT 84015

Craft may also be ordered online by going to
the "events" tab at utahshare.org

Any questions, please contact
Jaimee Lloyd

801-725-0131 or jaimers826@gmail.com

Block set is **\$12** which includes all supplies

All are welcome to come and mingle, even without
purchasing a craft.
Bring a treat to share if you want!

If ordering more than one, please fill out
one form per craft.



Please fill out order form below to
customize.

FYI

top block is 5.5"x2"

middle block is 7.5"x2"

Bottom block is 9.5"x2"

A variety of paint colors, paper, and ribbon will be available

Name _____

Phone # _____

Top row _____

middle row _____

bottom row _____

color of vinyl lettering _____

Mother's Day Craft Option 2

This year in memory of our angels we will have custom designed Subway Art Prints for our Mother's Day craft. Our craft will be held on Thursday April 23rd @ 6:30 pm, at Davis Hospital in classroom 1.

Prints are 8x10 and 2 options will be available. Option #1 is a \$10.00 custom print like the



example shown below. There will be 3 things customized on each print for the Standard option. Information needed will be name, color of your choice and stats for baby. Option #2 will be a Personalized print. In addition to all the information above you may choose up to 5 words to personalize your individual baby. Some examples are nicknames, time of birth, important memorial words (ie ladybug, elephant, dolphin, flowers ect.). This craft will be printed in a high quality print and brought to the Hospital already complete on the day of the Mother's Day Craft. You will be responsible for any mounting, mat boards and frames. Bring a treat and come enjoy the company on craft night. Feel free to order one for each of your heavenly and earthly children. Please fill out a

form for each baby. Additional craft projects are offered this year if you prefer to actually complete a craft that night. You may also do both projects offered. Craft projects are always optional and are not necessary in order to attend Craft Night. We would love for anyone to come visit and talk about your angels.

Please send order form and payment to
Jaimee Lloyd 2187 W. 2265 N. Clinton, UT 84015.
Make checks payable to Jaimee Lloyd

Orders must be received by April 1st, 2015
Any questions please call NaLoni @ 801-781-0254

(Sample picture above of standard option, words, size, shape and font may vary)

Mother's Day Order form

Name _____ Phone _____ Option (1or2) _____

Baby Name _____ Color preferred _____ Stats _____

Complete additional information for option #2 (up to 5 personalized words to be added to print)

Word#1 _____ Word#2 _____ Word#3 _____

Word#4 _____ Word#5 _____

Quantity of each print _____ (\$10.00 each standard or \$15.00 personalized)

Total amount enclosed _____

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- * Five Not Four - Video From My Baby's Birth Keeps Him Real To Me - Page 4
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- * Birthdays/In Memory of - Page 6
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- * Mother's Day Craft Order Forms - Pages 8 and 9

Our Mission

The mission of Share Pregnancy and Infant Loss Support, Inc. is to serve those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life.

The primary purpose is to provide support toward positive resolution of grief experienced at the time of, or following the death of a baby. This support encompasses emotional, physical, spiritual, and social healing, as well as sustaining the family unit.

The secondary purpose of Share is to provide information, education, and resources on the needs and rights of bereaved parents and siblings. The objective is to aid those in the community, including family, friends, employers, members of the congregation, caregivers, and others in their supportive role.

Find us on Facebook under "Utah Share"



www.utahshare.org and www.utsupport.org/newsletter

