

# Support Group Meeting Schedule

## UPCOMING MEETINGS:

All Meetings 7:30 – 9 p.m.  
Davis Hospital Classroom 1

• **January 1** •

*Topic - Dealing With a New Year*

• **February 5** •

*Topic - How Loss Changes You*

• **March 5** •

*Topic - Friends and Family*

• **April 2** •

*Topic - Grief and Marriage*

• **May 7** •

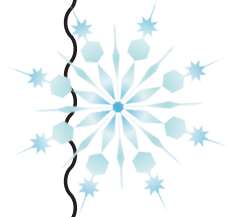
*Topic – Fear*

• **June 4** •

*Topic - Subsequent Pregnancy*

If you wish, please bring a memory item of your baby to share. (Pictures, stuffed animal, poem, etc.)

For more information about support meetings,  
please visit [www.utahshare.org](http://www.utahshare.org)



*Due to limited resources, Utah Share only mails out a hard-copy newsletter to parents who experienced a recent loss. For the next edition of the bi-monthly newsletter, visit [www.utahshare.org/newsletter](http://www.utahshare.org/newsletter) to view the online version or download and print off a copy.*

# BABIES WHO HAVE TOUCHED OUR *Hearts*

**Bryce Matthew Patterson**

October 29, 2014

**Elsie June Norman**

November 6, 2014

**Jonah David Boog**

August 9, 2014 -  
November 17, 2014

**David Mantequilla Rivera**

December 1, 2014

**London Harris**

December 4, 2014

**Annelly Marroquin**

December 15, 2014

**Annelissia Marroquin**

December 15, 2014

**JC Menisio**

December 22, 2014

**Sawyer Dustin Anderson**

December 23, 2014

## Resources

Utah Share would like you to know that you do not need to face the grieving process alone. Below is a list of several organizations that offer support and resources to grieving parents.

Utah Share -  
801-544-1159  
[www.utahshare.org](http://www.utahshare.org)

National Share -  
800-821-6819  
[www.nationalshare.org](http://www.nationalshare.org)

Compassionate Friends -  
877-969-0010 (toll-free)  
[www.compassionatefriends.org](http://www.compassionatefriends.org)

Bereaved Parents USA -  
[www.bereavedparentsusa.org](http://www.bereavedparentsusa.org)

Baby Steps -  
[www.babysteps.com](http://www.babysteps.com)

HAND.org - Helping After  
Neonatal Death  
[www.handonline.org](http://www.handonline.org)

IRIS -  
[www.irisremembers.com](http://www.irisremembers.com)

MissingGRACE.org -  
[www.missinggrace.org](http://www.missinggrace.org)

Mommies Enduring Neonatal  
Death (M.E.N.D.) -  
[www.mend.org](http://www.mend.org)

Grief Haven -  
[www.griefhaven.org](http://www.griefhaven.org)

GriefNet -  
[www.griefnet.org](http://www.griefnet.org)

My Miscarriage Matters -  
[www.mymiscarriagematters.com](http://www.mymiscarriagematters.com)

National SIDS  
Resource Center -  
[www.sidscenter.org](http://www.sidscenter.org)

Center for Loss in  
Multiple Births -  
[www.climb-support.org](http://www.climb-support.org)

# New Year's Wishes For Bereaved Parents

**To the newly bereaved:** We wish you patience – patience with yourselves in the painful weeks, months, even years ahead.

**To the bereaved siblings:** We wish you and your parents a new understanding of each other's needs and the beginnings of good communication.

**To those who are single parents:** We wish you the inner resources we know you will need to cope, often alone with your loss.

**To those experiencing marital difficulties after the death of your child:** We wish you a special willingness and ability to communicate with each other.

**To those who have suffered the death of more than one child:** We wish you the endurance you will need to fight your way back to a meaningful life once again.

**To those of you who have experienced the death of an only child or of all your children:** We offer you our eternal gratitude for serving as such an inspiration to the rest of us.

**To those of you who are plagued with guilt:** We wish you the reassurance that you did the very best you could under the circumstances, and that your child knew that.

**To those of you who are deeply depressed:** We wish you the first steps out of the "Valley of the Shadow".

**To all mothers, fathers, and those of you unable to cry:** We wish you healing tears and the ability to express your grief.

**To those of you who are exhausted from grieving:** We wish you the strength to face just one more hour, just one more day.

**To all others with special needs that we have not mentioned:** We wish you the understanding you need, the assurance that you are not alone, and that you are loved.

# Utah Share would like to thank...

**The Farmington Crochet Group** -  
donation in memory of all babies who have gone too soon

**Lauri Hammon** - donation in memory of Afton Carver

**Brandie and Jake Carver** - donation in memory of Afton Carver

**Brian and Lynnette Weese** - donation in memory of Charles Wilson

**Kathy & Sharee Hackford** - donation in memory of Letha Hackford

**Linda Willick** - donation in memory of David and Christopher Willick and  
Letha Hackford

**Lainie Elmer** - Donation in memory of Joey Paige Elmer

Donation in memory of Tori Elizabeth Sabin

*Utah Share is a non-profit organization with 501(c)3 status, supported solely by private donations.*

*Monetary contributions are always appreciated and are tax deductible.*

*You can donate online via paypal or you may also mail donations to:*

*Utah Share, 1178 Homestead Ln. Fruit Heights, UT 84037*

*Your financial support helps more than 100 families each year. Thank you for making a difference.*

## IN MEMORY OF...

You never said I'm leaving  
You never said goodbye

You were gone before I knew it,  
And only God knew why

A million times I needed you,  
A million times I cried

If love alone could have  
saved you,  
You never would have died

In life I loved you dearly  
In death I love you still

In my heart you hold a place,  
That no one could ever fill

It broke my heart to lose you,  
But you didn't go alone

For part of me went with you,  
The day God took you home

~~ Author Unknown ~~





## *Inspirational Messages*

# DEAR MR. HALLMARK

Dear Mr. Hallmark, I am writing to you from  
heaven, and though it must appear  
A rather strange idea, I see everything from here.

I just popped in to visit, your stores to find a card  
A card of love for my mother, as this day for her  
is hard.

There must be some mistake I thought, every  
card you could imagine  
Except I could not find a card, from a child who  
lives in heaven.

She is still a mother too, no matter where I reside  
I had to leave, she understands, but oh the tears  
she's cried.

I thought that if I wrote you, that you would  
come to know  
That though I live in heaven now, I still love my  
mother so.

She talks with me, and dreams with me; we still  
share laughter too,  
Memories our way of speaking now, would you  
see what you could do?

My mother carries me in her heart, her tears she  
hides from sight.  
She writes poems to honor me, sometimes far  
into the night.

She plants flowers in my garden, there my  
memory dwells  
She writes to other grieving parents, trying to  
ease their pain as well.

So you see Mr. Hallmark, though I no longer live  
on earth I must find a way, to remind her of her  
wondrous worth.

She needs to be honored, and remembered too  
Just as the children of earth will do.

Thank you Mr. Hallmark, I know you'll do your  
best I have done all I can do; to you I'll leave the  
rest.

Find a way to tell her, how much she means to me  
Until I can do it for myself, when she joins me in  
eternity.

## I DIDN'T KNOW

I DIDN'T KNOW HOW MUCH I WANTED YOU,  
I DIDN'T KNOW HOW MUCH I CARE,  
I DIDN'T KNOW HOW MUCH I'D CRY FOR YOU,  
TILL YOU WERE NO LONGER THERE.

I DIDN'T KNOW MY ARMS COULD ACHE,  
I DIDN'T KNOW MY SOUL COULD TEAR.  
I DIDN'T KNOW MY HEART COULD BREAK,  
TILL YOU WERE NO LONGER THERE.

- Unknown





# Birthdays In Memory Of



Wishing our son & brother  
Trey Zuech  
a very Happy Birthday on Feb 12th!!

It's been two long years since we first met...  
and since we held you last.  
Not a day goes by that we don't wonder  
what you would look like, be like, or  
what our world would be like with you here.  
We love you and miss you so much,  
especially your sisters,  
they talk about you all the time.

God be with everyone whose heart you've  
touched until we finally get to hug  
and kiss you again.  
Happy Birthday Trey!



Love your Mommy, Daddy,  
and sisters Naquelle,  
Nevaeh and MaKayla

I want to wish a happy 2nd angelversary to  
Hartlee Marie Matue  
on January 11, 2013,  
and a happy first angelversary to  
Holdan Monte Matue  
on January 3rd 2013.

February 15  
Happy Birthday to my sweet Kelsie today!  
Can't believe you would be 10 years old!  
We miss you everyday!  
Love you so much,  
love Mommy

Annelissia and Annelly Marroquin are joining  
joined their brother Ricardo Daniel Marroquin Jr.  
who passed away July 26, 2014.



Happy 10th birthday to my beautiful  
granddaughter Kelsie!  
{February 15th}

Oh how you have changed our lives. We are much  
more compassionate, less selfish, more emotional  
and have learned not to take the little things for  
granted. I have realized that life is change, good or  
bad, it's how you deal with the change that  
matters. There is a saying that goes something like  
this: "If it weren't for change there would be no  
butterflies." Sometimes we have no control over  
changes in our lives. This is when we just need to  
decide how to deal with that change. We have  
decided to deal with our change by giving to  
others, respecting others and ourselves, and by not  
taking each other for granted.

Kelsie is always present in our lives and  
forever in our hearts!

"A butterfly lights beside us like a sunbeam  
and for a brief moment its glory  
and beauty belong to our world.  
But then it flies again  
and though we wish it could have stayed...  
We feel lucky to have seen it."

~Author Unknown~



Thank you Kelsie for being our little butterfly!  
Love always,  
Nana



# Birthdays In Memory Of



Brynley JaNell Hamelin:

We gather at our table for dinner every night  
But sitting as a family,  
things just don't seem right.  
Our family doesn't feel complete knowing  
you aren't here

But there is still some comfort beneath  
each falling tear.

We know that you were called back home; that  
there is work that you must do,  
And we know you wait for us to  
come and be with you.

Our family is eternal;  
we are bound beyond this life,  
And we take great comfort  
that you don't face life's strife.

We miss you, Brynley, every day that you're  
not here to share,

But thank the Lord He's with you;  
you're in His special care.

We love and miss you, Brynley.

Love,

Mom, Dad, Tyler, Justin, Jaron, Kinsey, Rylee

---

January 3rd

Happy 4th Birthday our beautiful Jaela Bliss!

We love and miss you so much!

Not a day goes by we don't think about you.  
We can only imagine how beautiful you are today  
and how beautiful your birthday in heaven is!

Happy birthday baby girl!

Love Always,

Daddy, Mommy, and Kaveri

## FINGERPRINTS

Your fingerprints are on my heart.  
Even though I never held your hand -  
you touched me.

Even though I never heard you speak -  
you taught me.

You taught me about love.  
You taught me about caring.  
You taught me about courage.  
You taught me about faith.  
You taught me about happiness.  
You taught me about sorrow  
You brought me closer to my loved ones.  
You brought me closer to myself.

In the time I cared for you,  
my how life changed.  
Never to be the same again.  
Because of you I know I will  
somehow be stronger.  
Because of you I know I will be  
more prepared for life.  
All this from tiny fingerprints  
that touched my heart.

Because of this you will live forever in my  
soul - never to be forgotten.

I will always love you.

You are my child.

Written by: Tom Krause



## In this issue:

- \* Support Group Meeting Schedule  
Page 1
- \* Remembering The Babies Who Have Touched Our Hearts  
Page 2
- \* Online Resources Information  
Page 2
- \* New Year's Wishes For Bereaved Parents  
Page 3
- \* Donations and Thank Yous  
Page 4
- \* Inspirational Messages  
Page 5
- \* Birthdays/In Memory of  
Page 6 & 7

## Our Mission

*The mission of Share Pregnancy and Infant Loss Support, Inc. is to serve those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life.*

*The primary purpose is to provide support toward positive resolution of grief experienced at the time of, or following the death of a baby. This support encompasses emotional, physical, spiritual, and social healing, as well as sustaining the family unit.*

*The secondary purpose of Share is to provide information, education, and resources on the needs and rights of bereaved parents and siblings. The objective is to aid those in the community, including family, friends, employers, members of the congregation, caregivers, and others in their supportive role.*

Find us on Facebook under "Utah Share"



[www.utahshare.org/newsletter](http://www.utahshare.org/newsletter)

