

Support Group Meeting Schedule

UPCOMING MEETINGS:

All Meetings 7:30 – 9 p.m.
Davis Hospital Classroom 1

- ***September 4*** •

Topic - Subsequent Choices

- ***October 2*** •

Topic - Grief and Marriage

- ***November 6*** •

Topic - Handling the Holidays

- ***December 4*** •

Topic - Stress Relief

If you wish, please bring a memory item of your baby to share. (Pictures, stuffed animal, poem, etc.)

For more information about support meetings,
please visit www.utahshare.org



BABIES WHO HAVE TOUCHED OUR *Hearts*

Grayson Beck Schilling

June 24, 2014

Leelynn Michael Henderson

June 24, 2014

Molly Sue Thomas

July 3, 2014

Kolokie L Vailahi Longani

July 4, 2014

Brytan Curtis Matue

July 6, 2014

Monica Lucy Vogel

July 8, 2014

Saylor Skye Cragun

July 23, 2014

Enzley Hope Warner

July 22, 2014 -
July 25, 2014

Ricardo

July 26, 2014

Sarah Elisabeth Olson

July 27, 2014

Brennan David Wilson

July 29, 2014

Baby A Vernon

August 1, 2014

Baby B Vernon

August 1, 2014

Rydel Ann Amlin

August 4, 2014

Lucas William Allen

August 6, 2014

Baby Spackman

August 6, 2014

Jackelynn Pulido

August 19, 2014

Boedy W. Stauffer

August 21, 2014

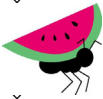
David Brett Thurgood

August 23, 2014

NEWS & EVENTS

Summer Social Success

Share friends and families had a great time at Hooper Park last month at the annual Utah Share Summer Social.



Thank you everyone who made this year's social a great success!

Thank you **Rachael Price** for organizing the event and for her family members who helped put together and run all of the games.

Thank you to **Toni Dursteler** and **US Foods** for the food donation. Thank you **Christine Damitz** and **Cindy McCracken** for painting faces. Thank you **Tanya Price** and family for renting the pavillion.

Thank you to everyone who brought delicious side dishes to share and thank you to those who donated prizes for the games.

The summer social is a great way to visit and mingle with families who have angel babies. Save the date for next year's social, which will be held the first part of August 2015.

OCTOBER IS NATIONAL PREGNANCY AND INFANT LOSS AWARENESS MONTH

THOSE WE LOVE WE NEVER LOSE,
FOR ALWAYS THEY WILL BE LOVED,
REMEMBERED AND TREASURED
ALWAYS IN OUR MEMORY.



Lucy Marie Baker

April 29, 2014

Sister of Abigail and angel Camry.

We are grateful your sister watched over you in heaven until you could join our family.

Tyeson Wayne Engstrom

born to Derek and Erica

August 12 at 7:11 am

8 lbs. 11 oz. 20 inches

Wave of Light

As part of Pregnancy and Infant Loss Remembrance Day, everyone is invited to light a candle on October 15 at 7 pm in ALL time zones, ALL over the world.

If everyone lights a candle at 7 pm and keeps it burning for at least one hour, there will be a cotinuous WAVE OF LIGHT over the entire world.

For more information visit: www.october15th.com



Trial by Fire - 9 Tips for Grieving Couples

by Lisa Church

You will often hear that grief and loss bring couples together, but it can actually do just the opposite. It is possible to emerge on the other side of grief with a closer marriage, but it does take work.

Here are some tips adapted from the book “Hope is Like the Sun: Finding Hope and Healing After Miscarriage, Stillbirth or Infant Death” that can help your marriage survive the stress of loss:

1. Give each other the freedom to grieve in an individual way.

Resist the temptation to feel that your way is the only way to handle loss.

Do not be fooled if it seems that your spouse has not been affected by the loss.

2. Remember the good times.

Think about activities you enjoy as a couple and make time to do them - even if you do not feel up to it yet.

3. Expect tough times.

Be tolerant with your mate and understand that you are both going to fail each other during this turbulent time.

4. Do not lash out at one another.

In a weakened state of grief, this will only push you apart.

Find constructive ways to release the stress and anger or grief.

5. Prepare for change.

Loss and grief change people and it will change the face of your marriage.

Decide together that this trial will bring you closer and commit to your relationship.

6. Reach out.

Resist the urge to spend time away from your mate or reach out to others who better understand your grief.

7. Avoid placing blame.

Tossing accusations at your spouse will only place a wedge in your relationship.

Understand that feelings of guilt, anger, and confusion are normal during this time.

8. Love each other.

Be sure to offer the hugs, cuddling, and love that each partner needs to feel secure and supported. Be sure to resume your physical relationship as soon as possible.

9. Seek information and support.

Educate yourselves on grief and try to understand one another.

If you are having difficulties resolving your grief as a couple and you feel your marriage is in trouble, get help immediately! Do not wait until it is too late to seek help.

*There are no easy answers for couples dealing with pregnancy loss.
It is crucial that you make the decision to put your marriage first and then do it!*

Inspirational Messages

For Chloe...

There'll be no rock a bye baby,
At our house today
No feeding, no diapering
No peek a boo play.
No sweet songs of lullaby,
Or holding her tight.
For God kept our wee one
In His arms that night.

There'll be no first tooth, or first steps
At our house today.
No presents, no smash cakes
No party games that we'll play.
No sweet birthday songs
And holding her tight.
For God kept our wee one
In His arms that night.

There'll be no dress up, no makeup
At our house today.
No dancing, no singing,
No make-believe play.
No tea party time
Or turning on her night light.
For God kept our wee one
In His arms that night.

There'll be no candles, no presents
At our house today.
No Baptism dress
No hearing her learn to pray.
Our hearts are still broken,
The tears we can't fight,
As God holds our wee one,
In His arms tonight.

- Written by Nola Spicer
in memory of her granddaughter Chloe Faith Price

*You came into this world alive and well
learning and growing only I could feel
Inside the womb you said goodbye
I wasn't ready but had no choice
God had called you home no time to say goodbye
I love you with all my heart
There will be a time I will see you again
Until then I will keep you in my heart.*

*- Written by Heidi James
in memory of her daughter Ha May James*

You've played, and learned, and seen, and done,
Now rest, and sleep awhile.
Mom and dad now watch your head
So sleep now through this while.

Close your eyes, breath deep and calm,
And stretch and lay right down,
And feel the warmth of your little bed
And the love we share inside.

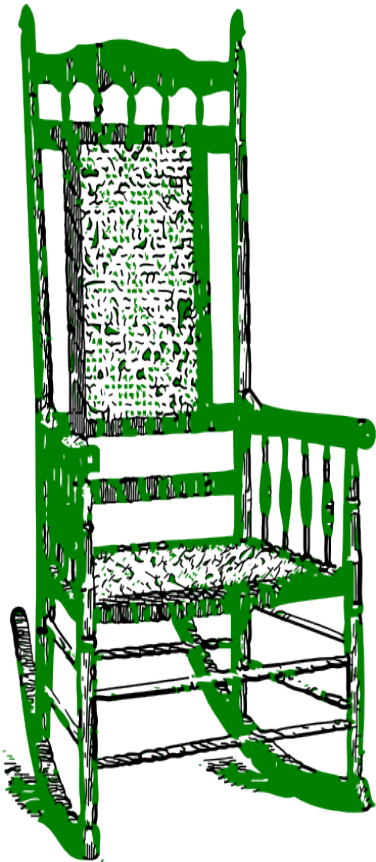
Now if you fuss right out of your dreams
Just raise up your voice to heav'n
And the angels will come and aid you by
the light of the moon and stars.

Now if you fuss right out of your dreams
Just raise up your voice to heav'n
Mom and dad will come and aid you by
The light of the moon and stars.

- Written by Jon Thomas
in memory of his daughter Molly Sue Thomas

Inspirational Messages

Heaven's Rocking Chair MOVE ON?



Are there rocking chairs in Heaven
where little babies go?
Do the angels hold you closely
and rock you to and fro?

Do they talk silly baby talk
to get a smile or two,
and sing the sleepy
lullabies
I used to sing to you?

My heart is aching for you,
my angel child so dear.
You brought such joy into my life,
the short time you were here.

I know you're in a happy place,
and in God's loving care.
I dream each night I'm rocking you
in Heaven's rocking chair.

by Ron Tranmer ©

to "move on"
is to put something
behind you
forget about it
... and never look back

to "go on"
is to forever
carry it forward with you
and never forget

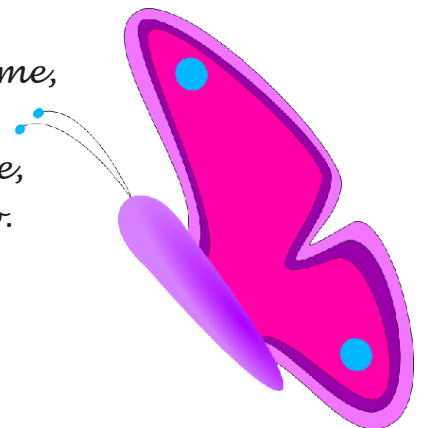
a bereaved parent
will never move on
we simply go on...

Tammy Brown in loving
memory of Larry Brown
found on Grieving
Mothers Facebook page

My Butterfly

*I long to feel the soft weight of you to welcome you home,
with kisses on silky round cheeks.
Instead my arms ache with the weight of your absence,
the empty places that were meant for you to grow into.
My love for you will last an eternity
My hopes and dreams now carried
on the fragile wings of each butterfly passing
compelling me to pause, to savor each moment,
each flutter in my heart - your wings.*

- Unknown





Birthdays In Memory Of



Deke W Dursteler
Oct 2, 2009

Happy 5th Angel Day little Man!
I think of all those things and events
we should be doing, and how I will
miss out on those opportunity.

Sure do miss you.
Love forever and ever,
Mom, Dad and big sister Shayli.

Benson Russell Engstrom
September 12, 2013

Can't believe it's almost been a year!
Thank you for watching out for
your brother and helping to
get him here safely!
We love you and think of you
every single day!



Love,
Mom, Dad, Mason, Carson and
baby brother Tyeson

Ila May James
born August 4th, 2011
3 angel years

Daughter of Ryan and Heidi James
Sister to Cohen, True, Avin, and Ivrie

It's been 3 years since we held our
baby girl. I felt her there with us
comforting us and telling us
everything would be ok. She makes
us better and reminds us to help
others and love. She truly is our
Angel. We love her and miss her so
much and remember her every day.

Love you Ila May James.

Landen - 9/27/13

We love you baby boy and wish you
were in our arms daily, but we know
you were kept for more important
tasks, and we know we will see and
hug you again one day!



Miss you always,
Love you forever!

Love Always,
Daddy, Mommy,
Jaycee, and Callee



August 9, 2012

Baby **Aaron** 2 years have passed
since I held you in my arms. We
look forward to meeting you again.

Happy Birthday mi Amor.

We will always miss you
Mommy, Daddy,
Juanito, Diego and Julietta

Camry Louise Baker
September 24, 2012

We can't believe it has been two
years since you became our angel
in heaven. We are looking forward
to the day we can meet you. Your
sisters love you and miss you.

Mommy misses you so much and so
does Daddy.

Love, Daddy, Mommy,
Abigail and Lucy

To Mary Clara Lewis,

Happy 6th Angel Birthday,
on September 16.

We love and miss her very much.
She would have been starting
Kindergarten this year and making
lots of new friends.
Cousin Maddie wishes
she was here to take ballet together.

We love you forever and ever,
Mommy, Daddy, Grandma and
Grandpa Parry, Grandma and
Grandpa Lewis,
Aunt Allison, Maddie, Harrison and
your furry sister Paris.

Abby Price

Sept 15, 2004

Happy Birthday!

From Mom, Dad,
Carson, Caleb and Corbin

September 7th -
Corban Tyler Kent



Three years ago today
You took our breath away.
We smiled and cried.
Our hellos were goodbyes.
We love you, dear Corban
Love,
Dad, Mom and Callan.

Happy 1st Birthday **Payson**
October 16, 2013

We will see you again someday.
we love and miss you our angel son.
Love Mommy, Daddy, and Cheyenne

Utah Share would like to thank...

**The Washington Terrace
9th Ward Youth**

donation in memory of
Bryan Milton Doxey.

Sherie Marsh

donation in memory of
Bryan Milton Doxey.

Michelle Doxey

donation in memory of
Bryan Milton Doxey.

Kathy Hackford

donation in memory of
Letha Hackford.

**Dana Smith and
Jessica Lynn McGuigin**

donation in memory of
Dakota and Kabrie.

Helen McGowan

donation via Angel Outfitters.

Donation in memory of
Brent Clifford 1966-2012.

Tamiko Brewster

donation in memory of
Monica Vogel.

Carolyn Batie

donation in memory of
Kelsie Carolyn Plescia.

Janet Ammodt

donation in memory of
Addison JoAnn Woffinden.

Ryan, Heidi, Cohen, True,

Avin and Ivrie James
donation in memory of
Ila May James.

Wendy Funk

donation in memory of
Ila May James.

Erin Madsen

donation in memory of
Ila May James.

Phoebe Fournier

donation in memory of
Ila May James.

Callie and Mary Leigh Hill

donation in memory of
Ila May James.

**Lindsy, Brooklyn and
Olivia Baldwin**

donation in memory of
Ila May James.

Steve & Minnie Whitaker

donation in memory of
Ila May James.

Verne and Lori May

donation in memory of
Ila May James.

Natalie Clemens

donation in memory of
Ila May James.

Janica Lee Cheney-Whitaker

Teresa Seufer

Melissa Carey

Kristin Price

Lynnette Pickett

Erika Vicker

*Utah Share is a non-profit organization with 501(c)3 status, supported solely by private donations.
Monetary contributions are always appreciated and are tax deductible.*

You can donate online via paypal or you may also mail donations to:

Utah Share, 1178 Homestead Ln. Fruit Heights, UT 84037

Your financial support helps more than 100 families each year. Thank you for making a difference.

Please join *Utah Share* for our 10th Annual

WALK TO REMEMBER

Saturday, October 11th, 2014

Registration starting @ 1:00 p.m.

Program @ 2:00 p.m.

**Ed Kenley Amphitheater, Layton Park
(437 N. Wasatch Drive, Layton, UT)**

Memorial Service - Walk - Balloon Release – Refreshments

SPECIAL PERFORMANCE BY: THE SALT LAKE CITY MASS CHOIR

Each year, to commemorate Pregnancy and Infant Loss Awareness Month, Utah Share holds the Walk to Remember. This event gives parents an opportunity to remember and honor their babies who have gone too soon. Family and friends are invited and encouraged to attend. Seating is available on a first come first serve basis. A grassy area is available for blanket seating.

***Please visit our website for information on how to submit
a baby name and/or to order t-shirts/hoodies.***

www.utahshare.org

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Our Mission

The mission of Share Pregnancy and Infant Loss Support, Inc. is to serve those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life.

The primary purpose is to provide support toward positive resolution of grief experienced at the time of, or following the death of a baby. This support encompasses emotional, physical, spiritual, and social healing, as well as sustaining the family unit.

The secondary purpose of Share is to provide information, education, and resources on the needs and rights of bereaved parents and siblings. The objective is to aid those in the community, including family, friends, employers, members of the congregation, caregivers, and others in their supportive role.

Find us on Facebook under "Utah Share"



touching lives... healing hearts... giving hope...
www.utahshare.org and www.utaishare.org/newsletter
Pregnancy & Infant Loss Support, Inc.

