

BABIES WHO HAVE TOUCHED OUR *Hearts*

Baby Hammond
January 31, 2013

Emma Erickson
February 21, 2013

Carlos Ochoa
February 27, 2013

Lilly Boekweg
March 2, 2013

Elise Dean
March 3, 2013

Marshall Jonathan Stout
December 20, 2012 –
March 4, 2013

Addisyn Bell Bounds
March 14, 2013

Marie Ann Galyk
March 14, 2013

Skyler Tracy
March 15, 2013

Dylan Jr. Phillips
March 15, 2013

Bentley Cruz Bottila
March 16, 2013

Ryker Lee Bottila
March 16, 2013

Kialei Santoro
March 18, 2013

Katiya Santoro
March 18, 2013

**Angel Fransisco Cornejo
Martinez**
March 18, 2013

Baby Sinjay
March 20, 2013

Emma Erickson
March 21, 2013

Baby Boy Campos Sosa
March 22, 2013

Zoe Jane McDonald
March 23, 2013

Angelita Gonzales
March 23, 2013

Peter Bailey
April 4, 2013

Carson Stillman
April 9, 2013

Devin Jr. Jones
April 11, 2013

Acelyn Jo Christian
April 13, 2013

Baby Halcom
April 18, 2013

Alyson Shae McDonald
April 20, 2013

Gabriel Aikens
April 22, 2013

Kamryn Mordue
April 24, 2013

Support Group Meeting Schedule

UPCOMING MEETINGS:

All Meetings 7:30 – 9 p.m.
Davis Hospital Classroom 1
McKay Dee Hospital Classroom 2

• May 15 •

McKay-Dee Hospital
Topic- Taking care of you

• June 6 •

• SPECIAL SHARE SUPPORT GROUP FOR CHILDREN •

Davis Hospital
Topic- Surviving Siblings

Children are welcome and encouraged to attend.

We will be helping children express their emotions and giving them some ideas about how to help them through their own grieving process.

We will also have some information for parents on how to help children cope with the death of a loved one.

If you and your children would like to attend please RSVP,
with your children's ages, to Julie by text or phone
801-603-5516 or email her at jtm930@gmail.com.

We hope to see you there!

• June 19 •

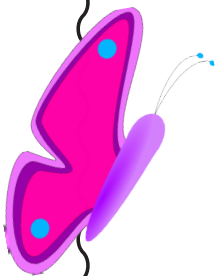
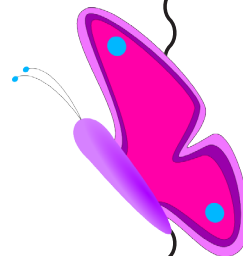
McKay-Dee Hospital
Topic- Father's Grief

• July 4 •

No Meeting - Holiday

If you wish, please bring a memory item of your baby to share.
(Pictures, stuffed animal, poem, etc.)

For more information about support meetings, please visit www.utahshare.org



Due to limited resources, Utah Share only mails out a hard-copy newsletter to parents who experienced a recent loss. For the next edition of the bi-monthly newsletter, visit www.utahshare.org/newsletter to view the online version or download and print off a copy.

Utah Share Parent Sharing

Each month we ask parents who have lost a child a question through our Utah Share Facebook Group that relates to their child and what it is like to be the parent to an angel. This month, we asked parents:



It is so hard to know how to answer the question, *“How many children do you have?”* when child loss has occurred. This is a question that we’re not only asked in person, but it’s also on many forms that we fill out, questionnaires that we fill out, etc. *How do you answer the “dreaded” question? ~*

- **Dani F.** - I always say two, one angel and one living and if not given a chance to explain it's still two.
- **Toni D.** - One living. And leave it at that, they can ask if they want, most do and then I get to watch their eyes roll in to the back of their head when I tell them I have buried four, and have been pregnant nine times.
- **Sarah B.** - I have a tattoo on my calf with the March of Dimes pink and blue ribbon with angel wings on each side of the ribbon and “heaven on earth” tattooed around it. I tell people Stanford is heaven and Kenadie is earth. She's our rainbow baby.
- **Marielsy M.** - I have thought about this often since our loss in February. It was a first for everything - first pregnancy, first loss. I don't know what to say if someone asks me, “Is this your first?” Technically it is not, we have an angel in heaven, but here on earth it will be. Maybe I will say exactly that because I love sharing about our angel baby.
- **Jackie R.** - This always throws me. Especially now that I'm expecting again. What is a good answer?
- **Lisa M.** - I always say I have three. Hartlee is no less one of my children just because she is in heaven. I tell them I have two living and one watching over us all from heaven.
- **Samantha S.** - I say two, my Kolby and our Sorensen baby. Waiting for a rainbow baby.
- **Shauna J.** - I say five, one of those five is in Heaven.
- **Venessa B.** - After 3 years of trying to be ‘gentle’ about it I've gotten tired and now I just explain that I have a 6-year-old, a would be 3-year-old, a would be 2-year-old and my rainbow who is 3 months. If people get it - great. If not - I really could care less. But they are just as much mine as my living kids. I even get mad at (my husband) and my step kids when they DON'T mention my angels. But I've given up trying to get people to understand or try to be easy with it.
- **Jody N.** - I always say four. I only tell them I have an Angel when the following question is, “How Old?” Then I tell them Bradee should be almost 8 months, Taylor is 5, Shae is 7, and Navaya is 9.
- **Christine D.** - For me, it depends on how much I want to explain. Some days I'll tell them I have five living children. If they want to ask, they can. Other days I'll say six and explain a bit. There are days I really don't want to share and some people I know won't be gentle with my angel. I feel like I need to protect her from people like that.
- **Amy M.** - When people ask I just say I have these two boys. Sometimes if it is a neighbor or family friend they will say, “Oh I thought you had three for some reason.” Then I will tell them about my three losses. What makes me mad is when people follow up with, “Oh you need to have a girl now.” I just say my girl is in heaven and it shuts them up pretty quick.

NEWS & EVENTS



Submit Your Logo Design for the Annual Walk to Remember

Each year in October Utah Share holds a “Walk to Remember.” We are now accepting submissions for the logo for the t-shirts/hoodies. Please submit designs to: marci@utahshare.org

For past designs please see photos on our Utah Share Facebook Group. All submissions will be considered. Please submit your design before June 30, 2013. Thanks for all of your support. We look forward to seeing you in October!

Running with Angels 5K Run/Walk
In support of Women's and Children's
Services Angel Watch program at
Utah Valley Regional Medical Center,
Orem Community Hospital, and
American Fork Hospital

Saturday, May 18, 2013

Race begins at 8 a.m.

Thanksgiving Point Garden,
Lehi, Utah

This run is inspired and hosted by author and inspirational speaker Pam Hansen. Read about Pam's amazing story of turning personal tragedy into triumph in the book “Running with Angels.”

Come enjoy a run/walk through the beautiful gardens at Thanksgiving Point. Start/Finish line will be in the parking lot near the Children's Garden entrance.

Registration includes T-shirt, water bottle, food and drinks at the finish, and giveaways. Although times will be recorded and posted, medals will be given only for 1st, 2nd, and 3rd place overall.

All participants over the age of two should be registered and wearing a bib number.
Strollers are allowed.

For more information or to register visit:
www.runningwithangels.com
and click on race info.



June 29, 2013 at 7:30 a.m.
in West Bountiful, Utah

The Race for Grief was started by running coach Lora Erickson, aka the “Blonde Runner,” in memory of her angel daughter Samantha.

Erickson started the race as a way to honor her daughter's memory as well as bring community members together to help others through the grieving process.

The event is not limited to those who have lost babies or children. Erickson would like to invite anyone who has ever lost someone (a husband, wife, parent, sister, brother or grandparent) to attend in the memory of their loved one.

“When you have lost someone, you never forget them,” Erickson wrote on www.raceforgrief.com. “This is a day to honor their memory and come together to celebrate their life no matter how long.”

The Race for Grief will raise funds to support local grieving programs like Caring Connections and Utah Share.

Visit www.raceforgrief.com for more information and to register.

NEWS & EVENTS

SPECIAL SHARE SUPPORT GROUP FOR CHILDREN



On Thursday, June 6 at Davis Hospital at 7:30 p.m.
the meeting topic is "Surviving Siblings."



Children are welcome and encouraged to attend.

We will be helping children express their emotions and giving them some ideas about how to help them through their own grieving process.

We will also have some information for parents on how to help children cope with the death of a loved one.

If you and your children would like to attend please RSVP, with your children's ages, to Julie by text or phone 801-603-5516 or email her at jtm930@gmail.com.

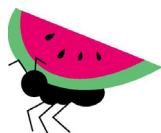
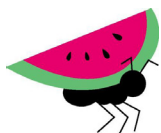
We hope to see you there!

Save the Date for the Upcoming Summer Social

The Summer Social will be here
before you know it!

Plan on joining us for food,
fun and good company!

More information to come in
the July/August newsletter.



WISH LIST

- * **Stamps**
- * **Thinking of you cards - if possible with envelopes**
- * **Memory boxes - One of the best boxes to use are the photo/craft boxes (7 ½ x 11 x 4 ¼ inches)**



We are delighted to announce that our angel Corban
sent down his little brother Callan Everett Kent on

February 4, 2013

~ Tyler & Brianna Kent

Helping Children Cope

Losing a baby will not only be difficult on you and your partner, but also for your other children. If you have children at home, you will need to prepare for how to help them through their own grieving process.

The most important thing is to be honest with your children. It's natural for you to want to protect and shield them from pain, but it's also necessary to give them correct information. If you leave too much up to the imagination by telling half-truths or using unhealthy explanations, your child will feel more confused.

Consider the ages and maturity of your children, expanding details for the older children and simplifying them for the younger ones.

If you already have created a structure in your family about how to deal with death, this is a great time to put those beliefs into action. Through religion, culture or family tradition, you can discuss what happens at death and how to mourn the loss of a loved one.

This may be the first time your children have experienced death closely. Use the experience as a teaching tool; sharing your family values, beliefs and knowledge will be a vital life lesson for your child. Through this process, you and your family will be able to create rituals to honor your baby and unite as a family as you mourn.

The grieving process does not have to be divisive; it can allow you opportunities to connect with family members in a unique way. If you have not yet created this kind of structure or are not sure how to proceed, you can start now or talk with someone who can help you. Find support through your local clergy, teachers, medical professionals, counselors, family and friends.

Tips to Help Children:

- Give a stuffed animal or memento (sometimes provided by the hospital) to your child so she can always have something tangible to remember your baby.
- Read children's books ("We were going to have a baby but had an angel instead" is a great one) or find other books talking about death and heaven. If you can't find something that fits your situation, write/draw your own.
- Allow your child to express himself in whatever way he feels comfortable. If he isn't comfortable talking about his emotions, encourage him to journal or even draw how he is feeling.
- Let your child see you cry. It will let her know it is okay to be sad and express emotion. It will also open the door for her to talk about her own emotions anytime, anywhere.
- Validate your child's emotions. Just as you need validation through every stage of your grief, your child needs it too. Listen and work hard to understand, even if it seems too difficult because you are mourning too.
- Talk to family members, friends and teachers to explain what your child is going through. They can be extra sensitive to your child's needs and help you determine if he might need more help.
- Include your children in any memorial services, visits to the cemetery, etc. Bring them to the Walk to Remember and let them release a balloon for your baby.
- Remind your children how much you love them! Help them understand even though you are sad you lost the baby, you are so grateful to have them in your life. Sometimes, children can feel like too much emphasis is put on the deceased sibling and come to resent it. Even though you are mourning, make sure your focus is still centered on the child you have with you. Spend quality time with her and do activities to celebrate what you do have: each other.

A Few Places to Connect/Find Support:

Grieve Out Loud -
www.grieveoutloud.org

Glow in the Woods -
www.glowinthewoods.com

The Compassionate Friends - www.compassionatefriends.org/

Missing GRACE Foundation -
www.missinggrace.org

Hand to Hold -
www.handtohold.org

NILMDTS Forum -
www.nowisleep.com

Inspirational Messages

My Mom is a Survivor -

Author Kaye Des'Ormeaux
Copyright 1998 Kaye Des'Ormeaux
October 15, 1998

Dedicated to all the moms who have lost
a precious child & somehow managed to survive.

My Mom is a survivor, or so I've heard it said.
But I can hear her crying at night when all others are in bed.

I watch her lay awake at night and go to hold her hand.
She doesn't know I'm with her to help her understand.

But like the sands on the beach that never wash away.... I
watch over my surviving Mom who thinks of me each day.

She wears a smile for others... a smile of disguise! But
through Heaven's door I see tears flowing from her eyes.

My Mom tries to cope with death; To keep my memory alive.
But anyone who knows her knows it is her way to survive.

As I watch over my precious Mom through Heaven's open
door... I try to tell her that angels protect me forevermore!

I know that doesn't help her, or ease the burden she bears.
So, if you get a chance, go visit her. Show her that you care.

For no matter what she says ... No matter what she feels. My
Mom has a broken heart that time won't ever heal.

The Busiest Day in Heaven

It's the busiest day in Heaven I'm
planning a big surprise To let you know I love
you And that no one ever dies.

Even though you're down below And I am up
above, I'm sending you these wishes And all
my angel love.

It's really quite exciting To plan this big
event, For lots of gifts will come your way And
all are heaven sent.

First, I'll take a bubble bath- My splashes
might cause some rain, But knowing all the
fun I'm having, Will help to ease your pain.
Next, I'll get some pictures In my halo and my
gown, So when you get to Heaven, You can
show them all around.

I have color crayons in Heaven, And I will
draw some stars so bright And place them in
the sky today For you to see tonight.

Then, Jesus will have story time, And I will sit
upon his lap. He'll tell me all about you Just
before I nap.

I'll wake up full of energy And play a game or
two, Before I finish sending All my love to you.
After snack I'll write a song For all the birds to
sing, And know I've made you happy With all
the joy it brings.

At nighttime I'll be tired, But I'll still hold you
tight. My arms will wrap around you And keep
you through the night.

And when you finally slumber, I will kneel to
pray, Asking God to bless you On this special
Mother's Day.

Love, Your Little Angel
~ Author Unknown



Inspirational Messages

Calling Daddy From Heaven

I'm calling you, Daddy, from Heaven Because we are apart,
But the phone won't ring on earth today; In heaven we call heart to heart.

I just want to say, "I love you," And I think of you each day.
I hear you say you love me Each time you kneel to pray.

Sometimes I watch you working At a job you do so well. I tell all my friends in Heaven,
"That's my daddy, and ain't he swell!"

I'm working on a project To send you as a gift, And when you finally see it,
Your spirits will really lift.

I'm painting lots of colors All across the sky,
And after rain you'll see them And know we never die.

I'll also paint some flowers And send them down to you.
They'll look so fresh and pretty In the early morning dew.

But best of all, I'll take some notes Of all the things I love,
So you can read my journals When you meet me here above.

Your name will cover pages Of my moments to be shared;
You'll see how much you've meant to me
And how very much I cared.

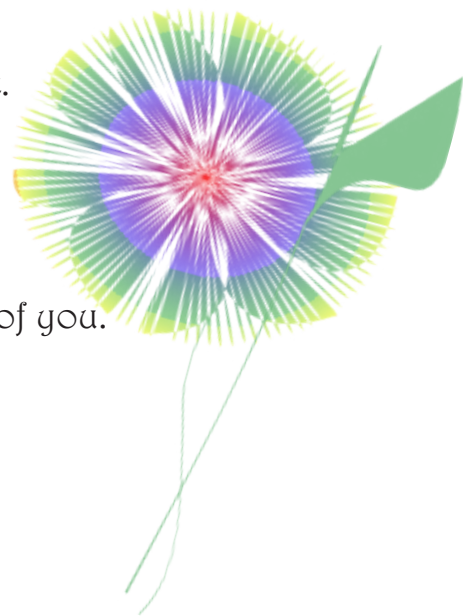
Then, I'll have story time with Jesus And he'll tell me stories of you.
I'll listen with a smile Of all the things you do.

He'll tell me of your kindness And the smile upon your face,
The way you make the world A really nicer place.

Of all the things I ever do, This will be the best;
I'll ask the Lord to Bless you, My very own request.

And tonight when you are resting From the day you've spent so well,
I'll whisper in your ears All I have to tell.

And as I hold you through the night, This is what I'll say,
"I'm proud to call you Daddy on this special Father's Day."



Utah Share would like to thank...



Heidi Tibbitts for her donation.

Larry and Debra Clayton donation in memory of Emma Erickson.

Heidi James donation in memory of Ila May James and Luca Deon Clemens.

Jen Zollinger donation in memory of Zoey Zollinger.

Geri Jensen donation in memory of her granddaughter Baby Girl Jensen.

Sew Much To Share donation in
memory of all their little angels



Sonja Ellis donation in memory of Lilly Dawn Cottle.

July and Paul Robison donation in memory of their son AJ.

Arlene Johnson donation in memory of AJ Robison.

The Chelsie Park 1st Ward Activity Days Girls donation in memory of AJ Robison.

Shantel Young donation in memory of Luca Deon Clemens.

Sherrie Clemens donation in memory of Luca Deon Clemens.

Teresa Dopp donation in memory of Luca Deon Clemens.

Debbie Cutler donation in memory of Luca Deon Clemens.

Natalie Clemens donation in memory of Luca Deon Clemens.

Kathy Smith donation in memory of all babies gone too soon.

Giovanna Ralphs donation in memory of her angels.



Utah Share is a non-profit organization with 501(c)3 status, supported solely by private donations.

Monetary contributions are always appreciated and are tax deductible.

You can donate online via paypal or you may also mail donations to:

Utah Share, 1178 Homestead Ln. Fruit Heights, UT 84037

Your financial support helps more than 100 families each year. Thank you for making a difference.



Birthdays In Memory Of



Hesten Adam Boren



May 19, 2012- May 23, 2012

No words we write could ever possibly say just
how sad and empty we felt on that day
The Angels came for you much sooner
than we planned
We will brave the bitter grief that comes

And do our very best to try and understand
Hesten why did you have to go away? Why
wasn't it right for you to stay?



Let us say that you were a miracle
from the very start

And from the moment we saw you, you had
touched every square inch of our hearts
God performed many miracles during those days

We just wish you would have had more time to
stay and play Hesten we love you dearly and
know that we have a guardian angel forever

We know that you are up above watching over
your big brother What we have suffered and
endured, seems at times unfair But one thing
is for certain, our love for you is always there
Hesten you will forever be our son The son god
blessed us with, the most precious little one

We will cherish every moment we held you in
our arms And even though you were here for
just a short time

You still graced us with your amazing charms
We know that a thousand words won't bring
you back We know because we have tried And
neither will a thousand tears, we know because
we have cried We know you're in heaven with
all of your loved ones above

We know that you will be taken care of and we
know they will give you our love

So go run and play and bless us with your love

When we feel the sun on our face, the wind at
our back

We know it's you shining down on us from
above Hesten "Our Little Miracle" you will
forever and always be

And we will do our best to make you very
proud, just wait, you will see

-Happy 1st Birthday Sweet Baby Boy!

We love you so very much and we will one day
have a joyous reunion.

Until then, stay busy, and keep blessing our
lives. We see your hand in everything that we
do...Every second of every day. You will forever
be "OUR Guardian Angel"-

-Love Forever and Always-

Daddy, Mommy, and big brother Ryken

Caleb Stephen Smith

May 12, 2008



6:42 am - 8:05 am

"Happy 5th birthday angel! Can't believe
how fast these 5 years have gone, and we look
forward to the day we can be together again.
Love, mommy, daddy, big brother Ethan, twin
brother David, little brother Brennan, and soon
to be little sister."



Birthdays In Memory Of



Caden Johnny Womack

April 22, 2012

Happy 1st Birthday in Heaven.

We Love you and miss you
and you are always in our
thoughts and heart.

Love Mom, Dad and Caleb!

Aiden Chanse Jensen

May 25, 2012

Happy first Birthday our
perfect little boy!

Words cannot adequately
describe what growth and joy
you have brought to your
family this past year.

You have taught us to love
deeper and be ever more
grateful for God's Great Plan.

We miss you every day and
cannot wait for the day that
we can hold you and love you
once again.

We love you our
sweet baby boy!



Love,

Mom, Dad & your best friend
forever – Kennadi

To my sweet angel, **Alene:**
Happy first angel day May 15.
We think about you, love you,
and miss you every day.

Love, mom, dad,
Alex and Aidan.

Dear **Dakota,**

Not a day goes by that I
don't think about you, talk
to you, or miss you. Every
day my heart aches more and
more. Your big brother Tristin
talks about you all the time,
and asks if you come and
see him. I would give ANY-
THING in this world to hold
you one more time, to look at
you one more time, to tell you
I love you one more time, but
all I can do is tell you in the
skies. We love you so much.
Until we see each other again.
Happy Angel day my sweet
daughter.

5-12-2012



Trevor Reiche

May 18, 2012

Trevor, Mommy and Daddy
miss you very much. We, and
your brothers wish more than
anything you could be with us
to celebrate you and Jordan's
first birthday. Everyday we
think of you and
love you so much!

We are so blessed to have you
as our son and look forward
to seeing you again for eter-
nity. Happy 1st angel day our
sweet boy.

Love, Mommy, Daddy,
Brendan, and Jordan.

Dennis Luke Gardner

5.5.12 - 9.19.12

Happy 1st birthday in
Heaven Lukie.

We miss you more and
more everyday.

Keep watching out for your
Sissys and Bubba.

Love You Sky High Forever
and Always.

Daddy, Mommy, Jewlia,
Jazzy, Jada and Rykie

Luc Stephen Gardner

6-2-06

It's been 7 years since you made
your imprint on our hearts.

We love you and miss you
every moment of every day.
This year you were joined in
heaven by your
older cousin Carli.

I know you two are enjoy-
ing getting to know each
other and I know you both are
watching down on us.

You are forever in our hearts
baby boy.

Happy 7th Angelday /
Birthday Luc!

Sending you all our Love,
Mom & Dad and your siblings
Eli, Ian, Dru & Mya

In this issue:

- * Remembering The Babies Who Have Touched Our Hearts
Page 1
- * Support Group Meeting Schedule
Page 2
- * Parent Sharing
Page 3
- * News and Events
Pages 4 & 5
- * Helping Children Cope
Page 6
- * Inspirational Messages
Page 7 & 8
- * Donations and Thank Yous
Page 9
- * Birthdays/In Memory of
Pages 10 & 11

Our Mission

The mission of Share Pregnancy and Infant Loss Support, Inc. is to serve those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life.

The primary purpose is to provide support toward positive resolution of grief experienced at the time of, or following the death of a baby. This support encompasses emotional, physical, spiritual, and social healing, as well as sustaining the family unit.

The secondary purpose of Share is to provide information, education, and resources on the needs and rights of bereaved parents and siblings. The objective is to aid those in the community, including family, friends, employers, members of the congregation, caregivers, and others in their supportive role.

Find us on Facebook under "Utah Share"



Utah Share
Pregnancy & Infant Loss Support, Inc.
touching lives... healing hearts... giving hope...
www.utahshare.org and www.utahshare.org/newsletter