

UTAH SHARE KIMONO GOWN



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BEFORE YOU BEGIN:

Recommended Fabric:

Soft flannels in pastel colors with minimal patterns. Knits also work great, but are a little more difficult to work with and might not be the best choice for beginning sewers.

Fabric Requirements:

Small, Md/Lg ½ yard

X-Small ¼ yard

One yard of fabric will yield one blanket and two small gowns, or one blanket, one md/lg gown, and one pad.

Printing and assembling the pattern:

Ensure that your printer is not set to scale (print at 100%). Reduce the printer margins if needed. After printing, measure the test square to double check that the pages printed at the correct size.

Cut or fold along the solid box and tape together by matching the corresponding letters along the edges.

It is recommended that you trace your patterns rather than cut them out of the original printout (especially if you plan to make both the small and md/lg size, in which case you'd have to print them out twice). Freezer paper works well, as does medical exam paper. Tracing allows you to reuse the patterns again and again without having to re-print.

Other Supplies:

Closures—decide now if you plan to use a ribbon closure and cut your ribbon pieces to the appropriate length. Mark your fabric as indicated on the pattern for the placement of the ribbons.

Serger—if you have a serger, use it! These gowns come together really quickly with a serger!

Seam Gauge—this will help ensure that your hem is consistent all the way around.

Iron—you'll need an iron handy to press seams and hem.

All seam allowances are 1/4" unless otherwise noted!

1. Cut out your pattern pieces. Don't forget to lay the back piece along the fold!



2. If using a serger, proceed to the next step. Otherwise, run a zig-zag stitch around all three of your pattern pieces to finish off the edge.



3. Right sides together (RST), pin one front piece to the back along the shoulder, matching the raw edges. Stich along the pinned edge and press the seam allowance toward the back. Repeat with second front piece.



4. Press the bottom edge of one sleeve $\frac{1}{4}$ ' toward the wrong side and topstitch $\frac{1}{8}$ " from the folded edge. Repeat with remaining sleeve.



5. RST, pin the front to the back along the side seam on one side, from the bottom of the gown to the sleeve. Stich along the pinned edge and press seam allowance to the back.



For ribbon closure, continue with step 6. Otherwise, repeat step 5 for remaining side seam and then proceed to step 8.

RIBBON CLOSURE:

One of your ribbon pieces will be sew into the side seam of your remaining front piece.

Note: If your ribbon is the same on both sides (sheen or pattern), then it doesn't matter which side you lay it on to pin. If one side is shiny or patterned and the other is not, you'll need to lay the ribbon with the shiny/patterned side down. This way, when you turn the gown right side out, the shiny/patterned side of the ribbon faces up. It would be smart to pin the ribbon in and then turn the gown right side out as best you can and just double check that things look OK before sewing.

6. RST, slide the ribbon between the front and back pieces, lining up with the ribbon placement marks you made earlier. Let a little tail poke out so you can see where the ribbon is and that it is straight. Slide a pin into the ribbon to hold it in place. Pin along the rest of the seam, from the bottom of the gown to the sleeve, and stitch in place. Make sure that the

ribbon doesn't slide and turn....if you sew it in crooked, you'll have to unpick.

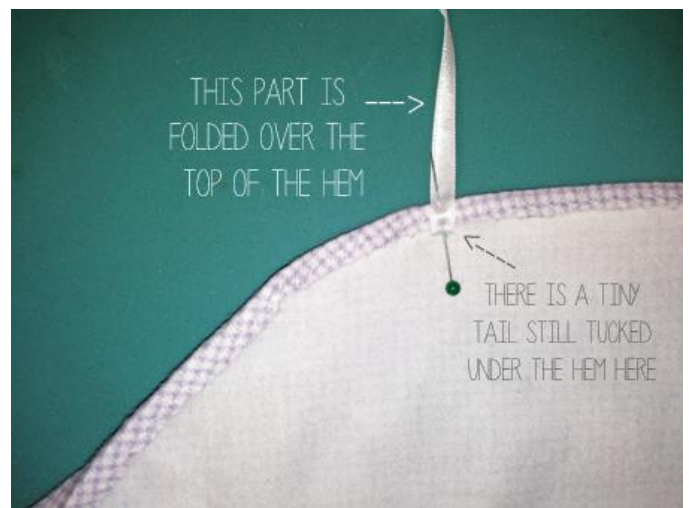


7. Clip the tail left on the inside of the gown and apply a little Fray Check or clear fingernail polish to prevent fraying.
8. Press the entire edge of the gown $\frac{1}{4}$ " toward the wrong side. Use your seam gauge to keep the fold consistent all the way around. If you are adding a ribbon closure, proceed to step 9. Otherwise, topstitch along the entire hem $\frac{1}{8}$ " from the folded edge.



gown and your first ribbon is sewn into the side seam on the left, your second ribbon will be sewn into the hem of front piece on the right).

9. Take the end of your ribbon and place it under the fold of your hem. Now, fold the entire ribbon over, making a little hook so that the ribbon can catch itself under the hem (a quick press with the iron will make this easier to manage). Carefully pin the ribbon into place. Again, if your ribbon has a pattern or sheen on one side only, double check that the correct side will be up once the gown is turned right-side-out.



RIBBON CLOSURE:

Your second ribbon piece will be sewn into the hem of the front piece opposite where you sewed in the first ribbon piece (for example, if you are looking at the

10. With your ribbon pinned in place, hem along the entire edge of the gown, $\frac{1}{8}$ " from the folded edge.
11. Give your gown a final quick press and you're done!



COORDINATING BLANKETS CAN BE MADE IN THE FOLLOWING SIZES:

X-SMALL 18"-20" SQUARE

SMALL 20"-22" SQUARE

MEDIUM/LARGE 23"-25" SQUARE

TRACE INNER LINE FOR SIZE SMALL

TRACE OUTER LINE FOR SIZE MEDIUM/LARGE

KIMONO GOWN
SIZE SMALL
MEDIUM/LARGE

BACK
CUT 1 ON FOLD

CUT 2 LENGTHS
OF RIBBON IF USING
RIBBON CLOSURE
SMALL 10"
MD/LG 11"

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A

C

2"x2"
TEST SQUARE

KIMONO GOWN
SIZE X-SMALL

FRONT
CUT 2



C

UTAH SHARE
KIMONO GOWN

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FOR FREE PATTERN
AND INSTRUCTIONS

B

FOLD

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RIBBON CLOSURE PLACEMENT

RIBBON CLOSURE PLACEMENT

A

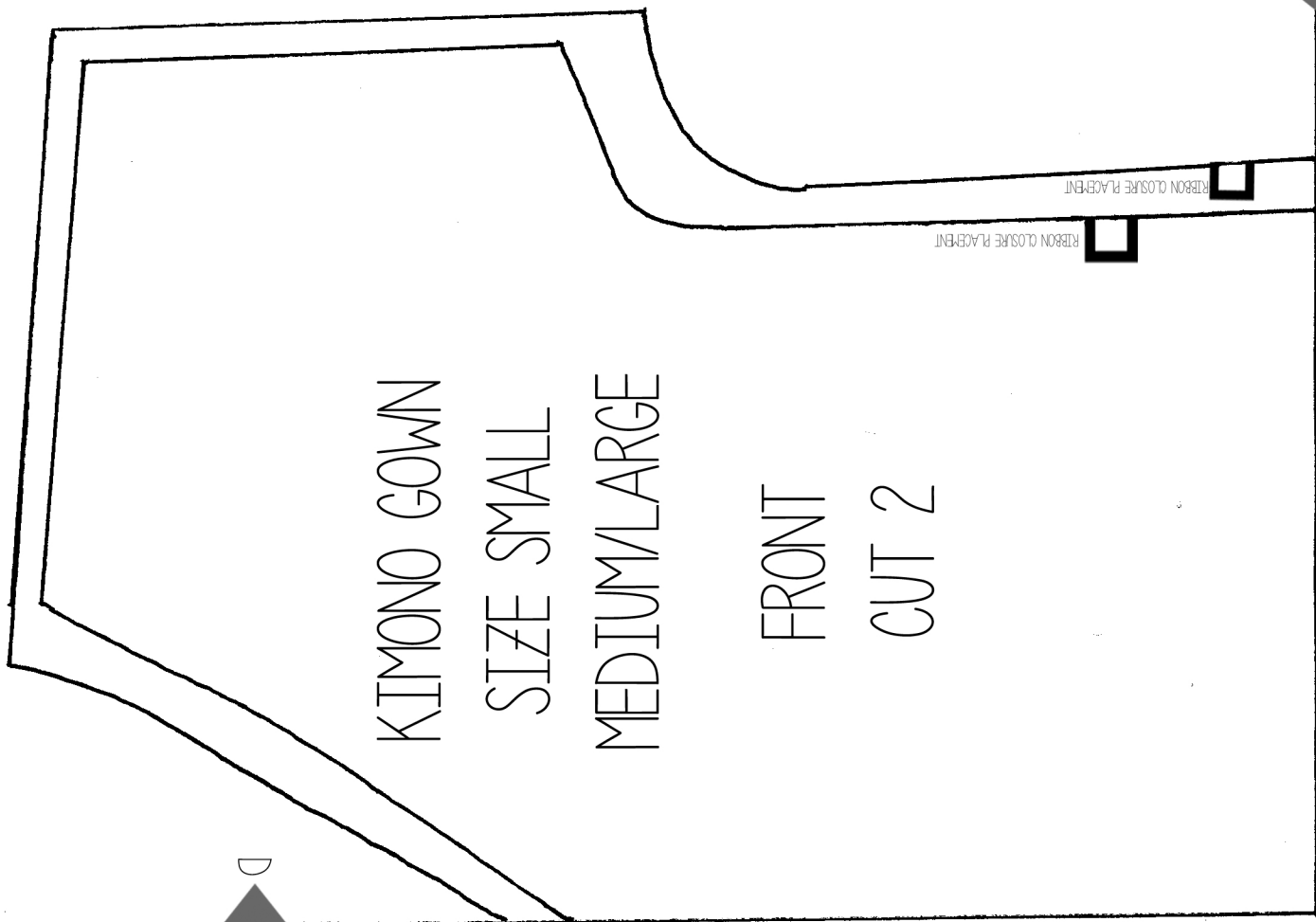
RIBBON CLOSURE PLACEMENT

RIBBON CLOSURE PLACEMENT

KIMONO GOWN
SIZE SMALL
MEDIUM/LARGE

FRONT
CUT 2

D



CUT 2 7" LENGTHS
OF RIBBON IF USING
RIBBON CLOSURE

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B

TO ASSEMBLE PATTERN

1. CUT OR FOLD ALONG TILE LINES
2. MATCH UP LETTER MARKINGS
(THESE MIGHT NOT BE PERFECTLY IN LINE
AND ARE JUST A GUIDE)
3. CUT OUT PATTERN SIZE DESIRED, OR
TRACE EACH SIZE FOR REPEATED USE

 RIBBON CLOSURE
PLACEMENT

KIMONO GOWN
SIZE X-SMALL
BACK
CUT 1
ON FOLD

FOLD

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