## **Utah Share**

November/December 2010

# Remembering the babies who have touched our hearts...

Hayden Buster Vogel August 27, 2010

Johnnie Haizynn Montgomery August 28, 2010

> Ulises Urcino September 7, 2010

> Sasha Elin Allen September 9, 2010

Evan Cee Rustan September 12, 2010

Cexi Neveah Archuleta September 14, 2010

Rylan Arthur Petty September 18, 2010

Taylee Ann Thomas September 23, 2010

Sterling King Sowards
September 28, 2010

Murray Cowart September 2010





Thursday, November 4 Davis Hospital Grief and Marriage

Wednesday, November 17 Mckay Dee Hospital Open Discussion

Thursday, December 2
Davis Hospital
\*\*\*Christmas Craft\*\*\*

Wednesday, December 15 Mckay Dee Hospital Handling the Holidays

Thursday, January 6, 2011 Davis Hospital To be Announced

If you wish, please feel free to bring
a memento of your baby to share,
(Pictures, a stuffed animal
footprints,
poems, etc.)
More information about support

meetings is available at

www.utahshare.org

Remembering the babies
who have touched our
hearts...

Baby Sprague October 8, 2010

Addison Jo Ann Woffinden October 9, 2010

Matthew Ivan Allred
October 22, 2010

Truce Donna Wilson
October 23, 2010

Abish Joy Fisher October 25, 2010

"Correction"

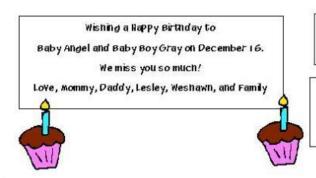
Mario Cucero Rogers

February 25, 2010

Experience:
That most
brutal of
teachers. But
you do learn,
my God, do you
learn.

-C.S. Lewis.





Happy 2nd Birthd ay Kenner. I miss you, my son. Love, Daddy

Happy Birthday Sweet baby Spencer!

We miss you so much and think of you always.

Love, Mom, Dad, Katie, and Lizzie

#### Walk to Remember 2010 Thank You

Thanks to all who attended and volunteered to help make this event a success!

Also thanks to:

- Danny Allen at DeJarnett for donating all the water
- Barry Holinski at Associated Foods for donating the yummy donuts and cookies
- Bret Haney at A to Z Shirt Rack for making the t-shirts and hoodies
- Kevin Burdick for the beautiful music
- Clinton City Youth Council for helping blow up hundreds of balloons



#### The Dempsey Memorial Fund

Many people who attended the Walk to Remember wanted more information about our musical number by Kevin Burdick, and the foundation named for his daughter, Dempsey. More information is available, along with his song download at:

http://www.dempseyburdick.com

Also on Facebook at: The Dempsey Burdick Memorial Foundation



Julie Cordell Seamons in memory of Justus Michael Seamons and ette Manuella Segobias

Lily Hudson in memory of Lily Hudson

Vickie Tucker in memory of Chloe Faith Price

Todd, Karen, and Kate Andre in memory of Scout and Stryker Andre

A big thank you to the Bountiful 33rd ward Relief Society for the gorgeous keepsake boxes made in memory of

Ida Claire Lanier

A special thank you to Janelle Lanier for 
organizing this awesome project.

Thank you to the Kimball Ward Relief Society and Young Women for the beautiful gowns. Mary Ewing in memory of Conner Scott Craig

Catalyst Services, Stagge Family, Sandberg Family, and Campbell Family in memory of

Waylon Bruce Stagge

Special thanks to Jessica Potter and her Young Women Camp Group who made bracelets, bows, and handprint cards for us

> Kathy Orrock for making and donating darling bows and headbands in memory of her granddaughter

Abby Price

Thank you to Deborah Kroeger and Grandma Kroeger for the adorable blankets donated in memory of

Easton L. Kroeger

Thank you Mellisa and Preston Rasmussen for the adorable gowns and blankets made and donated in memory of

Konner Mark Rasmussen





# Christmas Box Ceremony

On December 6th of each year, at 7:00 p.m., a candlelight healing ceremony is held at the base of the Christmas Box Angel monument. After a few remarks, a moment of silence, and a musical number, those who attend are invited to place a flower at the base of the statue.

There is a ceremony held at the Salt Lake City Cemetery at 200 "N" street. The Christmas Box statue is located at 340 North "N" Street.

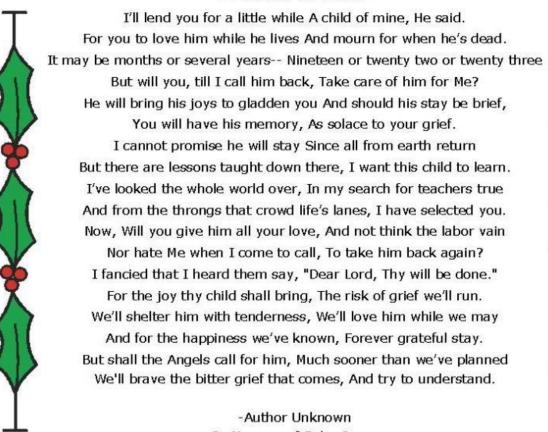
A ceremony will also be held at Evergreen Memorial Park in Ogden just north of 2nd and Monroe.

The Christmas Box Angel monuments are located throughout the United States to provide hope and healing to all those who have experienced the death of a child.

Please call 801-544-1159 with any questions.

#### A Child of Mine

In Memory of Baby Owen



#### Christmas Craft

On December 2nd we will be making a
Christmas craft at Mckay Dee
Hospital at 7:30. We will be making
personalized memorial light boxes.
(They will be similar to the one in the
picture.) Come and visit with friends
and enjoy a night out! Please fill out
and return the order form below.





Amanda and Gavin Taylor welcome

### Madison Faye Taylor

September 1, 2010
7 lbs. 8 oz. 20 inches
Her delivery was watched over by her
angel brother Skyler.

"To spare oneself from grief at all cost can be achieved only at the price of total detachment, which excludes the ability to experience

happiness." -Erich

| Name:                                  |   |
|--|---|
| Phone:                                 |   |
| In Memory of, Baby(s) name:            |   |
| *If more than 1 name on a block, nam   | es will be smaller.*                      |
| Number of blocks (\$15 each):          | Total payment enclosed:                   |
| Please make your check payable to So   | onja Hammond, and mail with this form to: |
| Sonja Hammond, 1932 N. 810 W. Clin     | ton, UT 84015                             |
| Any questions, please call Sonja, 801- | -660-9689                                 |

Mommy, Mommy I need to know Why did our baby have to go? Is that how come you became so sad? And why my daddy became so mad? Where is heaven, I sure want to see, The place where our baby had to be. My little heart breaks and I want to cry Because it is so sad and I am not sure why. Why couldn't we tell Jesus no That she had to stay here and she couldn't go? What is her spirit and how did it leave? How did her body stop working, please answer me. Can we go to heaven and visit today? Why is the answer always some other day? When will the time come that I can finally see, The baby that you had promised me? I want my baby and I want her now. You can bring her home mom, let me tell you how. We can go to the doctor and ask him once more To give us a baby, one we will adore Or we can go to the cemetery And just dig for her there I saw the box that you put her in, I can find it I swear. Last but not least we can always ask our Lord above, To give us back the baby that we so love. Either way you go about it you know what to do, You are my mom and I trust in you. Please don't cry mom, I will give you a hug and a kiss. And I will try to understand mom I promise you this. Just be patient and kind, it's not easy for me.

It's hard to understand why our baby just couldn't be.

# A Child's Grief By Mary Nelda Williams



This was inspired by my 4-year-old daughter Aniah. Everything that I have written she has either said or asked. As a mom it is hard enough to grieve the loss of a child, but to assist your child through their grieving process is more devastating than your own at times. This is for all the angel parents out there trying to hold their little ones hands' through this hard time. Sometimes we may not have all the answers, but rest assured we are not alone either...
-Mary Nelda, mum to Precious Angel Kimberly.

#### Please Be Gentle

By Jill B. Englar

Please be gentle with me for I am grieving.

The sea I swim in is a lonely one and the shore seems miles away.

Waves of despair numb my soul as I struggle through each day.

My heart is heavy with sorrow.

I want to shout and scream and repeatedly ask 'why?'

At times, my grief overwhelms me and I weep bitterly, so great is my loss.

Please don't turn away or tell me to move on with my life.

I must embrace my pain before I can begin to heal.

Companion me through tears and sit with me in loving silence.

Honor where I am in my journey, not where you think I should be.

Listen patiently to my story, I may need to tell it over and over again.

It's how I begin to grasp the enormity of my loss.

Nurture me through the weeks and months ahead.

Forgive me when I seem distant and inconsolable.

A small flame still burns within my heart, and shared memories may trigger both laughter and tears.

I need your support and understanding.

There is no right or wrong way to grieve.

I must find my own path.

Please, will you walk beside me?



-Gowns made in all sizes (we can email you a pattern)

-Ziplock bags for blanket packets in gallon and quart sizes

-Glad Press and Seal

-Any embellishments, flowers, ribbon that can be used in box decorating -Glue sticks for glue guns

-Soft colored (or baby) scrapbook paper for hand and footprint cards

-Boys burial clothing in all sizes

Thanks for all your help and support! Any donations will be mentioned in our Donations in Memory of section.



## More Ideas on Remembering Your Baby During the Holidays

Ideas from erichad.com

- Decorate a small tabletop tree with only angels with your baby's picture or footprints sitting in front of it.
- Many newspapers have holiday memorial pages for which you can submit a picture and note. If you do not have a picture or are not comfortable using it, maybe submit a note such as, "You are never forgotten. Merry Christmas sweet baby! Love, Mommy and Daddy."
- Set aside time to think of your baby. This may mean going through your baby's things, writing a
  letter to your baby or writing in a journal. It may even mean having a good cry.
- Decorate your baby's grave, scattering grounds, or area around the um. If you have none of these pick an area of your home or yard and decorate it in memory of your baby.
- Donate money to a charity. Maybe buy toys or clothes for a needy child. Also, some charities
  have Trees of Light at Christmas and you can buy a light in memory of your child. Or you could
  keep a special book of gifts given in your baby's name.
- Buy an omament in memory of your baby. We do this every year and we also give an ornament in his memory to close family members.
- Name a star for your baby. Looking into the holiday sky will take on new meaning and significance. <u>www.starregistry.com</u> or 1-800-282-3333
- If this is your first Christmas since losing your baby think of including a note in your Christmas
  cards about how you are doing. We did this the first Christmas after losing our son. It let people
  know it was okay to talk about our baby and also reminded people that we were still very sad
  and that the holidays were going to be difficult for us. Several people commented on the letters
  and I am glad we sent them.
- Buy an ink stamp that reminds you of your baby to use when signing Christmas cards. We use
  blue ink and a stamp with a baby hanging from a bucket on the moon catching stars. In the
  moon we sign his name. Having the opportunity to write the name we so lovingly chose brings
  much comfort. A similar idea is to choose a hole punch such as an angel and punch the corner
  of your Christmas cards.
- Light a luminary or candle on Christmas Eve in your home, or at your baby's grave. Or get a
  miniature Christmas tree with battery operated lights.