

Place
Stamp
Here

Utah Share
1410 E. 1400 N.
Layton, UT 84040



Share

Pregnancy & Infant Loss Support, Inc.

www.utahshare.org

A rectangular graphic with a decorative border. The border consists of green vertical lines with blue circular accents at the corners. The word 'MOM' is written in a stylized, red, outlined font at the top, bottom, and on the sides of the border. The text inside the border is centered and reads:

Mother's Bracelets

On Thursday, May 7th, we will be making mother's bracelets. Come visit with other Share parents and make a bracelet to remember your baby. There is no cost for the bracelets, but a \$5 dollar donation is appreciated. For moms who have previously made bracelets, we will have new styles and possibly anklets or necklaces. Please RSVP so we can know which birthstones to have available.

We hope you can make it!
Please call Tanya at 801-825-3578

"When you accept what has happened, you aren't acknowledging that it is okay but rather, that you know you must find a way to keep growing and living-even if you don't feel like it...[Don't let] grief be your constant companion...Realize that your grief is born out of unconditional love for your child and rejoice in that love which will never end... Embracing life again is not a sign that you have stopped missing your baby, but an example of a love that is eternal."

- WISCONSIN PERSPECTIVES NEWSLETTER, SPRING 1989

*Remembering the
babies who have
touched our hearts...*

*Martin Garcia
December 22, 2008*

*Grace Merrill
December 23, 2008*

*Brynley JaNell Hameltn
January 7, 2009*

*Braxton Kevin Lundquist
January 12, 2009*

*Artis Hinojo
January 18, 2009*

*Kade Bateman
January 19, 2009*

*Kimberly Mae Tokanang
January 23, 2009*

*Annastasia Jean Cooks
January 31, 2009*

*Jackson Edward Lucas
January 27, 2009*

*Cevi Jackson
February 7, 2009*



Utah Share

March/April 2009



Support Meetings

*Thursday March 5, Davis Hospital
Grief Resources
7:30-9:00 p.m. Classroom 2*

*Wednesday March 18, McKay Dee Hospital
Grief and Marriage
7:30-9:00 p.m. Classroom 4*

*Thursday April 2, Davis Hospital
Grandparents Night
Grandparents and parents are welcome
7:30-9:00 p.m. Classroom 2*

*Wednesday April 15, McKay Dee Hospital
Anger
7:30-9:00 p.m. Classroom 4*

*Thursday May 7th, Davis Hospital
Mother's Day Craft
7:30-9:00 p.m.*

*If you wish, please feel free to bring a memento of
your baby to share. (Pictures, a stuffed animal
footprints, poems, etc.)*

*More information about support meetings is
available at www.utahshare.org*

Correction

**Kenner Jackson Rausch was remembered
as born November 14, 2008. His
birthday is November 13, 2008**

*Remembering the
babies who have
touched our hearts...*

*Kate Harrop
February 8, 2009*

*Chloe Lynne Walton
February 8, 2009*

*Devin Scott Lopez
February 20, 2009*



In Memory Of

*Utah Share would like to express
our condolences to the family of
Matt Flinn.*

*Matt leaves behind two living
children, Kaden and Grace, and
joins his daughter,
Alexis Cheryl Jane Flinn.*

Reminder

**We still have a few hand and
foot molds that need to be
picked up. If you have not
picked up your molds yet, please
contact Tanya at 801-825-3578**

Thanks!



Birthdays In Memory of



*Thinking of you on your 4th Angel Day
Kelsie Carolyn Plestia
February 15, 2005- March 13 2005*

*"The best and most beautiful things in this world cannot be seen
or heard, but must be felt with the heart." -Helen Keller*

*You are forever in our hearts
and on our minds!
All my love,
Nana*

*Happy 3rd Angel Day
Chloe Sube
September 13 2005- February 15, 2006*

*Happy 2nd Birthday
Bree-Elle Sube
April 13, 2007- November 13, 2007*

Love, Big Brother Tyson, Mommy, and Daddy

I am responding to the question you had in the previous Utah Share newsletter about our favorite memory and thought I'd share the following:

My favorite memory of my pregnancy was reading a combined medley of Dr. Seuss books to my unborn son. I've read this book out loud throughout my previous pregnancies too. The one line from this book that sticks out the most, now was from Horton the Who. When he says "A person's a person no matter how small". I loved sitting outside on a fresh spring day, smelling the cherry blossoms, reading out loud this book to my son, and rubbing my belly (yeah I know I probably looked funny). But he was my unborn baby boy....now he is my angel.

-Heather Merkley

*"In a heartbeat-
a life is stilled
a dream dies,
and heaven
becomes amazingly real. "
-Unknown*



I Thought of You Today

I thought of you today,
But that is nothing new
I thought of you yesterday
And will tomorrow, too.

I think of you in silence
And make no outward show.
For what it meant to lost you
Only those who love you know.

Remembering you is easy.
I do it everyday.
It's the heartache of losing you
That will never go away.

-Unknown



Donations in Memory Of



Donation in Memory of

Abigail Noelle Russell

Happy 2nd Birthday

February 14



Forever holding you close in our hearts...

We love you! Mommy, Daddy, and little brother Evan

A special thank you to Richard Paul Evans and his staff for their constant support and book donations to Utah Share

Donation in Memory of

Claire Jordyn Thomas

by Bruce and Maria Weller

Thank you to Grandma Susan for sewing beautiful blanket packets made in memory of her granddaughter

Jacie Ann Zaugg

A big thank you for the money donations, fabric, and ribbon donated in memory of

Claire Jordyn Thomas

January 10, 2008

by

Adam & Linda Thomas

Matt & Lisa Phillips

Susan & Jim Thomas

Chick & Sherry Phillips

Sharon & Kerry Johnson

Staci Bingham

Tauni & Stephen Hill

A big thank you to all the women from the Gailey Park Ward in Kaysville for their hard work on the gowns, blankets, and boxes worked on for their humanitarian night. What wonderful workers they are! A special thanks to Jackie Bateman and Toni Hansen for planning, organizing, and getting material donated. Thanks ladies! You are truly wonderful!

Thank you to Carolyn Batie for the beautiful crocheted gowns, hats, and booties made in memory of her great grand-daughter

Kelsie Carolyn Plescia. Also, a very big thank you for the crocheted patterns she made/revised to share with others to make and donate to our little ones. Carolyn worked many, many hours to make sure we had a pattern to fit every little angel!

Thank you!

The May/June newsletter deadline will be April 15. Please email any articles, poems, or announcements by this date to: newsletter@utahshare.org

Thanks!



Online Perinatal Loss Course

There is a self-paced class available online at: <http://www.universalclass.com/i/crn/30475.htm> There is no grade and you have six months to complete. The instructor is a psychologist who had a personal experience with perinatal loss. The cost to complete the course is \$35.

There are lessons that focus on realization-accepting the reality, expressing feelings in a healthy way, creating memories, reaching out support, and moving on. Plus links to other resources. This course was recommended by a Utah Share Parent, Heather Merkley. You can email her with questions at: hmerkley@weber.edu.



Safe Arrivals



Richard, Lenee, and Christian
proudly announce the safe arrival of

Macie Rae Jones

Born January 31, 2009
7 lbs. 4 oz. 19 in.

Macie is watched over by her big brother Jerrin Benjamin Jones
and Baby Jonesy

Matthew and Melissa Russell Announce the safe arrival of:

Evan Gerald Russell

Born March 14, 2008
8 lbs. 3 oz. 20 1/2 inches long
What a blessing!

Ivillage.com has an online discussion board for parents
experiencing a loss:

<http://messageboards.ivillage.com/iv-ppstillborn>

<http://messageboards.ivillage.com/iv-pppgloss>

Utah Share Wish List

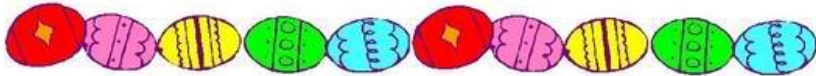
- Preemie sized clothing
- newborn sized clothing
- Volunteers to Crochet or sew gown Patterns

If you would like to donate, sew, or crochet clothes for Utah Share please contact Marci at 801-499-3663 or [email:marci@utahshare.org](mailto:marci@utahshare.org)

We are also in need of volunteers for hospital visits. If you experienced a loss over one year ago, you can be trained to support other families going through a loss. If you are interested, please email our volunteer coordinator at: rachael@utahshare.org, or visit our website utahshare.org, on the Volunteer link.

Thanks for your continued support!!!

If Only Our Children were Easter Eggs



*If only our children were Easter Eggs,
Hidden safely in the grass,
We could search for them and pick them up,
And hold them within our clasp,
We'd have a heavenly Easter egg hunt,
All with baskets in our hands,
Searching with a broken heart.
Only WE can understand.
"Oh, look I found your child over here",
They are so beautifully colored,
And they sparkle and they shine...
These aren't your usual Easter eggs,
They each have their own special glow,
That comes from way down deep within,
Only a grieving parent would know.
We gather up our special eggs,
With excitement all around,
For the gift that we've been given,
For the treasure we have found.
We all now stare with wonderment,
At our children that have died.
We want to hold them once again,
And release them from inside.
But we all begin to realize,
We have to crack their beautiful shell,
The one that makes them sparkle and glow,
The one they have earned so well.
We know we can't destroy their beauty,
And take them from their place,
So we give them an understanding kiss,
As a tear runs down our face.
One by one we take our baskets,
With our beautifully colored eggs,
And place them gently in the grass,
As we turn and walk away.*

*We look back in amazement,
As our eggs begin to sing.
We see them flutter and move about.
"Look, our eggs all now have wings."
Then the Golden Egg begins to speak...
"Your children are safe with me."
"Together for all eternity."
We stand there in a circle of love,
As we look up to the sky,
Watching our radiant eggs take flight,
Knowing our children didn't die.*

-Author Unknown



National Share has updated
their website.

Check it out at:

www.nationalshareoffice.com

Sibling Support Meeting

In June, we will be holding a support meeting for siblings. If your child or children would like to create a special message for their angel sibling, (a picture, or a poem) please submit them to newsletter@utahshare.org by April 15. You can scan a picture, and save the graphic as a jpeg file. We will print the responses in the May/June edition of the newsletter.

