

Place
Stamp
Here

Utah Share
1932 N. 810 W.
Clinton, UT 84015

 **Share**
Pregnancy & Infant Loss Support, Inc.
www.utahshare.org

Names in the Sand

<http://namesinthesand.blogspot.com>

This is a wonderful site! Read the story of an Australian mother's loss and the wonderful way she is remembering her son Christian, and all babies who are gone too soon. Carly Dudley and her

husband, Sam take photographs of "names in the sand." You may also submit your baby's name to be photographed.

A website definitely worth your time.



"With grief, it isn't just being a good person that has made me tired, but being any kind of person at all."

-Harriet Jones

*Remembering the
babies who have
touched our hearts...*

*Clinton Lee Helgesen
November 5, 2008*

*Joshua Jimenez
November 11, 2008*

*Kenner Jackson Rausch
November 14, 2008*

*Sharyn Winterbottom
November 14, 2008*

*Andrew James Davis
November 21, 2008*

*Web Hopes
November 24, 2008*

*Jackson Duane Stout
December 1, 2008*

*Daniel Allred Jessop
December 9, 2008*

*Juan (Arnando) Valenzuela
December 10, 2008*

*Jonathan Ceia
December 13, 2008*

Utah Share

January/February 2009



*Remembering the
babies who have
touched our hearts...*

*Ella Marie White
December 13, 2008*

*Baby Angel Gray
December 16, 2008*

*Baby Boy Gray
December 16, 2008*

*Micah Christian Swenson
December 20, 2008*



Reminder

We still have a few hand and foot
molds that need to be picked up. If
you have not picked up your molds
yet, please contact Tanya at
801-825-3578

Thanks!

Support Meetings

January 1- NO MEETING, New Year's Day

Wednesday, January 21, McKay Dee Hospital
Stages of Grief
7:30-9:00 p.m. Classroom 4

Thursday, February 5, Davis Hospital
Family and Friends
7:30-9:00 p.m. Classroom 2

Wednesday February 18, McKay Dee Hospital
Subsequent Choices
7:30-9:00 p.m. Classroom 4

Thursday March 5, Davis Hospital
Grief Resources
7:30-9:00 p.m. Classroom 2

*If you wish, please feel free to bring a
memento of your baby to share. (Pictures, a
stuffed animal foot prints, poems, etc.)
More information about support meetings is
available at www.utahshare.org*

**"Sometimes when one
person is missing, the
whole world seems
depopulated."**

-Lamartine



Birthdays In Memory of



Andre Maximillion Brandt

*January 2, 2008
Happy Birthday
We will always remember you.*

*In Memory of
Baby Jonesy
February 1*

HAPPY 2nd BIRTHDAY!!

Harleigh Jane

*It's been two years that I haven't
got to see your toes,....
your hands, your eyes, your face and
even your little nose.*

WITH ALL MY LOVE MOMMY

*Celebrate your second birthday with us, I miss and love you, Ellie
Happy Birthday Harleigh I love you, Kinsley
Happy 2nd Birthday Harleigh I love you with my whole heart.
Braxton*



*My Butterfly
I long to feel the soft weight of you
to welcome you home, with kisses
on silky round cheeks,
Instead my arms ache with the
weight of your absence,
the empty places that were meant for you
to grow into,
My love for you will last an eternity
My hopes and dreams now carried
on the fragile wings of each butterfly passing
compelling me to pause,
to savour each moment,
Each flutter in my heart is
your wings,
-Author Unknown*

In Memory of Kelsie Carolyn Plescia

Happy 4th Birthday!!

We love and miss you!

Love Mommy, Daddy, & Shealyn

*"It's hard to believe 3 years have gone by without you. Not a day
goes by that we don't think about how you would have turned out!
What you would have looked like! What your personality would
have been like! We think about you and miss you everyday. Happy
3rd Angel Day our precious little Kaleb!!!*

In Loving Memory of Kaleb Jordan Tutt

12/7/2005

*Love always and forever, Daddy, Mommy, Big sister Kylie, and
Little sister Kayla."*

HAPPY BIRTHDAY KELSIE CAROLYN PLESCIA!

FROM GREAT GRANDMA CAROLYN WHO

MISSES YOU VERY MUCH!

Happy 4th Birthday Kelsie!!

February 15, 2005

*There is not a day that goes by that
we don't think of you.*

*"All our Hopes and Dreams,
now carried on Butterfly wings..."*

Love forever,

Nana



Happy 1st Birthday Autumn Agren!

January 23, 2008

Forever in our hearts,

Love,

Mommy



The March/April newsletter deadline will be

February 15. Please email any articles,

poems, or announcements by this date to:

newsletter@utahshare.org

Thanks!

Donations in Memory Of



Donation in Memory of
Jordyn Shiane Billmire
Grandma Diane and Grandpa Brad



Donation in Memory of
Chloe Faith Price
By Fred and Shirley Willis

Donation in Memory of
Jordyn Shiane Billmire
by Mommy, Daddy, Tiara, Dalton, and Kodie

Thank you to Eveyln Martin for the
beautiful blankets made in memory of
Faith Monson



Donation in Memory of
Jordyn Shiane Billmire
By Grandma Sharon

Donation in Memory of
Keith Merkley
by Heather Merkley

Donation in Memory of
Kelsie Carolyn Plescia
by Shenara Shafer

Donation in Memory of
Autumn Agren
by Jen Agren

A Special thank you to
Amber Kelley for her donation of
38 handmade blankets. They are
beautiful!

Donation in Memory of
Eli Joseph Simpson
by Katie and Joe Simpson

Donation in Memory of
Nakota Tolino
by LeAnn Tolino

Donation in Memory of
Mary Clara Lewis
by Becky Lewis

Donation in Memory of
Kelsie Carolyn Plescia
by Marci Nellessen (Nana)

Donation in Memory of
Dirk Ryker Vanweerd
by Maijken Sorensen

A big thank you to all those
that supported us in the
Christmas craft meeting! It
was so much fun, and the
angel bookmarks were
beautiful. (Thanks Tanya! :))

Thank you to
Courtney Ly Swensen and **Kim Ly**
for the beautiful blankets,
matching hats, and keepsake
boxes in honor of
Paulina Kim Swensen

Donation in Memory of
Jacob Young
by Justin and Melinda Young



New Years Wishes for Bereaved Parents

To the newly bereaved: We wish you patience – patience with yourselves in the painful weeks, months, even years ahead.

To the bereaved sibling: We wish you and your parents a new understanding of each other's needs and the beginnings of good communication.

To those who are single parents: We wish you the inner resources we know you will need to cope, often alone with your loss.

To those experiencing marital difficulties after the death of your child: We wish you a special willingness and ability to communicate with each other.

To those of you who have experienced the death of more than one child: We wish you the endurance you will need to fight your way back to a meaningful life once again.

To those of you who have experienced the death of an only child or of all of your children: We offer you our eternal gratitude for serving as such an inspiration to the rest of us.

To those of you who are plagued with guilt: We wish you the reassurances that you did the very best you could under the circumstances, and that your child knew that.

To those of you who are deeply depressed: We wish you the first steps out of the "Valley of the Shadow".

To all fathers and those of you unable to cry: We wish you healing tears and the ability to express your grief.

To those of you who are exhausted from grieving: We wish you the strength to face just one more hour, just one more day.

To all others with special needs we have not mentioned: We wish you the understanding you need and the assurance that you are loved.

From a speech by Former TCF President Joe Rousseau. Taken from the January 1999 TCF Houston-West chapter newsletter



Question for March/April 2009 Newsletter:

What is your favorite memory of your
pregnancy?

Please email your responses by February 15 to
newsletter@utahshare.org

"Two in
distress make
sorrow less."

Proverb



The Year Before Last- Author Unknown

The holiday season is approaching,
And with it comes the New Year.
Although for me time passes slowly,
New Year's Day will ring in quickly.

I dread this New Year's Day
Because they will look at me in a terribly strange way
When I get misty-eyed,
And talk about something you had done.

After you first left me,
They reasoned when I cried,
"He's only been gone a few months."
And I would catch that look of understanding in their eyes,
And found some comfort that they knew.

But on last New Year's Day,
My first thought upon awakening was,
Oh God, my son died last year,
Not just a few months ago, not even this year,
But last year.
He will never live in this year.

They didn't understand, they didn't reason,
That last year, for me the loss was still new.
They thought, "It happened last year,
So long ago, why does she still cry?"
I could see it in their eyes.

This New Year's Day, will it be different?
Will my first thought upon awakening be,
Oh God, my son died the year before last,
Not a few months ago, not this year or even last year,
but the year before last?
He will never live in this year.

Will they even listen, should I not look them
In the eyes, for fear that I shall see,
"Why is she still crying? It happened so long ago.
It was the year before last."

Those words that we use
To describe the passage of time,
A few months, this year,
Last year, the year before last.
They don't know that time stands still for me.

Will they understand that's why I cry?
Don't they know
My son just died
They year before last?

I think its very interesting and something to ponder...on the safe arrival page, it states "she/he is watched over by big brother/sister angel..." A few weeks ago Lorin was born. The day she was born I sat in my hospital bed holding this new spirit, this brand new baby girl. I was thinking about how long I had wanted her name to be on that "safe arrivals" page in the newsletter. Perhaps a silly thing to be thinking about right then. I remembered the "watched over by" part and asked my new Lorin, "Did you know my Jacob? Did Jacob take care of you?" For the first time, she turned and looked right at me, as if the mention of his name sparked something in her. It may have been sheer coincidence, it may have just been the sound of my voice, though I had talked to her many times. But in my heart, I choose to think that Jacob really did watch over her and took care of her until she was safe in my arms.

-Melinda Young, Utah Share

"Whole years of joy
glide unperceived
away, while sorrow
counts the minutes
as they pass."

- William Havard